

# volunteer work in kathmandu

## 3 Star Hotel Package

**700**<sup>USD</sup>  
per person

\*Including healthy meals

## 5 Star Hotel Package

**1200**<sup>USD</sup>  
per person

\*Including healthy meals

**Trip Style:** Tour and Volunteer



**Trip Difficulty:** Easy Tour

Experience the uniqueness of [volunteer work in Kathmandu](#), Nepal - a captivating capital brimming with opportunities for dedicated travelers. Our exceptional volunteer program is centered in the heart of **Kathmandu**, offering a chance to make a meaningful impact through various projects. You can choose to contribute your time and skills at orphanage care centers, or government schools, tailoring your experience to your interests.

Upon completing your [volunteer work in Kathmandu](#), you have the option to explore various destinations in Nepal, including Chitwan, Pokhara, and Nagarkot. Additionally, you can embark on trekking and hiking adventures in the Himalayas. Participants in our volunteer programs receive a 20% discount on our tours and treks packages.

But it's not just about **volunteering**; our program goes beyond. As part of this enriching journey, you'll embark on a day of hiking, immersing yourself in Nepal's breathtaking landscapes. Additionally, explore the richness of Kathmandu Valley with a full day of guided tours, including visits to major tourist attractions and UNESCO World Heritage sites.

During your stay, our carefully selected home stay accommodations will surpass your expectations. Experience warm hospitality and an inviting atmosphere that allows you to truly connect with local lifestyles. And don't miss the chance to learn the art of preparing traditional Nepali cuisine in our kitchen, further deepening your cultural immersion.

By becoming a part of our Nepal volunteering initiative, you're joining a larger mission. We are dedicated to fostering sustainable development and fostering unity. Together, we work towards the betterment of Nepal's communities. Join us in this remarkable journey of giving back and growing together."

DURATION: 7 days

## ITINERARY

### Day 01:: Arrive at Kathmandu Airport & Transfer to Hotel by Private Car

Our guide and driver will warmly meet and greet you at the airport, arranging your transfer to your choice of accommodation—**whether it's our 3-star or 5-star category hotel**, based on your selected package. **Should you prefer a more budget-friendly option and the experience of staying in our home, our homestay package awaits, which you can inquire about via email or WhatsApp.** Our residence is conveniently located just 5 kilometers from the airport, nestled in the heart of Kathmandu known as Maharajgunj Chakrapath.

Opting for our homestay, you'll be welcomed into our home where you can immerse yourself in Sherpa culture. Learn about the Sherpa people, one of the most renowned ethnic groups in Nepal and the world, famous for their Mount Everest climbs, rich history, and vibrant culture. You'll have the opportunity to savor authentic Sherpa and Nepali cuisine, even learning how to cook local dishes, thus truly experiencing the local way of life. Explore our village with a knowledgeable local guide, culminating in an evening dinner hosted by a warm Nepali family. **Your overnight stay will be nestled within the comforts of a 3-star or 5-star hotel, based on your chosen package**

## Day 02:: Full-Day Exploration of Kathmandu City with a Local Tour Guide

After a wholesome breakfast at our home, our sightseeing adventure begins in Kathmandu city. We'll explore the enchanting Old Durbar Square, a UNESCO World Heritage Site, featuring the historic Old Royal Palace and the Temple of the Living Goddess. Our journey also leads us to Kasthanamandup, a remarkable temple constructed from a single tree that gives Kathmandu its name.

Continuing on, we'll visit Swayambhunath, the ancient Buddhist shrine, which provides a panoramic view of the sprawling Kathmandu valley to the east.

In the afternoon, we'll embark on a tour of the renowned Pasupatinath Temple, dedicated to Lord Shiva and considered Nepal's holiest Hindu temple. Built in 1696, this temple draws countless pilgrims and devotees from around the globe each year. Our exploration proceeds to Boudhanath, the world's largest stupa, an impressive 36 meters tall and a captivating specimen of stupa architecture.

It's noteworthy that each of these tour destinations is meticulously preserved, acknowledged as UNESCO World Heritage Sites. After our enriching tours, we'll return to our welcoming home for the night, immersing ourselves in the genuine Nepali living experience.

**Regarding food and accommodations, we'll host you in our home, providing lodging, transportation, breakfast, lunch, and dinner.**

## Day 03:: Full day hiking Shivapuri National Park to Sundarijal & back to Homestay

After enjoying a healthy local breakfast at our home, we set out for our hiking adventure. Today, we are embarking on a unique hike to explore the areas around Kathmandu Valley. The hike covers a moderate distance of 20 kilometers and takes us through picturesque farmlands and the nearby forest reserve, Shivapuri National Park.

During this hike, you will come across an extraordinary find in the village – an impressive statue of the Hindu god Vishnu dating back to the 5th century! Afterward, we will trek through local farmlands and farms, gradually making our way towards the entrance of Shivapuri National Park. This park, covering an expansive area of 160 square kilometers, awaits our exploration.

Inside the park, we will have the opportunity to leisurely stroll for about 3 hours. The park is a habitat for nearly 300 different bird species, making it a birdwatcher's paradise. Our destination within the park is the peak of Mt. Shivapuri. Here, a hidden Buddhist monastery named Nangi Gompa quietly awaits our discovery.

As we descend from the mountain, our journey continues towards the village of Sundarijal. The trek takes approximately 1 hour, and along the way, you will be treated to stunning views of impressive waterfalls. Following the pipeline trail, we eventually reach our final destination. Here, we will visit a local bazaar and immerse ourselves in the vibrant local culture.

After completing our hike, we will return to Kathmandu via a private car. The journey back typically takes around 1 hour. We will conclude our day with an overnight stay at a local Nepali home, ensuring an authentic and immersive experience.

**Regarding food and accommodations, we'll host you in our home, providing lodging, transportation, breakfast, lunch, and dinner.**

## Day 04:: Full day engage with volunteering program & back to Homestay

### Daily Schedule:

**7:30 AM:** Enjoy a delicious breakfast at the comfortable homestay.

**8:00 AM:** Volunteers set out from the homestay and head to their respective placements. The nature of the work and the number of hours varies based on individual projects and placements. During the day, volunteers typically have the opportunity to take a tea break as well as a lunch break.

**2:00 PM - 5:00 PM:** Work at the placement concludes during this time frame. Volunteers have the flexibility to either return to the volunteer house, embark on sightseeing adventures, or engage in some shopping.

**7:00 PM - 9:00 PM:** Enjoy a hearty dinner at the welcoming homestay.

**Regarding food and accommodations, we'll host you in our home, providing lodging, transportation, breakfast, lunch, and dinner.**

#### **Day 05:: A Day in the Life of a Volunteer: Balancing Work and Exploration**

**7.30 AM** Breakfast at the homestay.

**8.00 AM** Volunteers leave home and travel to their placements. Work and hours are dependent on the project and placement that each volunteer is working at. There is usually a tea break and a lunch break.

**2.00 PM - 5.00 PM** Work at the placement usually ends. Volunteers are free to travel back to the volunteer house, go sightseeing, or do some shopping.

**7.00 PM - 9.00 PM** Dinner at the homestay.

**Regarding food and accommodations, we'll host you in our home, providing lodging, transportation, breakfast, lunch, and dinner.**

#### **Day 06: : Celebrating Dedication: A Heartfelt Farewell and Recognition Ceremony**

Today marks our last and final day of volunteer work in Kathmandu, and we will be following the usual routine. However, there is a special addition for today. We will organize a small farewell program to express our gratitude for your volunteer efforts. During this program, you will be presented with thank-you letters and appreciation certificates from both the local government office and our organization.

We firmly believe that these certificates and letters of appreciation from the Government of Nepal will not only serve as tokens of recognition for your dedicated service but also prove valuable for your future career endeavors. Your selfless contribution to a developing country like Nepal as a volunteer reflects your commitment to making a positive impact.

We extend our heartfelt congratulations and appreciation for the meaningful work you've accomplished during your time here.

**After completing our volunteer work and bidding farewell to our Nepali friends, you will return to homestay to prepare for the next day. Following this short volunteering project, you have the option to either fly back to your home or extend your stay in Nepal. You can choose to join tours or treks to further explore the region.**

**If you are interested in trekking, you can join our Ghorepani Poonhill trek, Annapurna Base Camp trek, or even the Everest Base Camp trek if you have the time. For those seeking a leisurely tour, you can visit Pokhara and Chitwan. If you are an adventurous person, you can engage in activities like rafting, paragliding, and bungee jumping.**

**Regarding food and accommodations, we'll host you in our home, providing lodging, transportation, breakfast, lunch, and dinner.**

## **Day 07: : Departure to Airport & fly back to home or extend your trip**

Today, we are pleased to offer you the choice to arrange an airport transfer for your return journey to your home country or to embark on another exciting trip to explore more of Nepal's captivating destinations, according to your preferences. As a dedicated local company committed to responsible tourism, we strive to ensure that your volunteer experience in Kathmandu becomes a truly remarkable and cherished chapter of your life.

As you become a valued member of our volunteer community, we extend to you a special privilege: the opportunity to avail of our best pricing for any additional trips you may consider beyond this point. This exclusive offer entails a discount of 20-25 percent, allowing you to make the most of your time in Nepal by discovering even more of its incredible offerings.

Rest assured, our team is dedicated to providing you with exceptional service and experiences throughout your journey. Your satisfaction and fulfillment remain our utmost priority.

Please let us know your preference, and we will proceed to make the necessary arrangements, ensuring that your time in Nepal is as enriching and memorable as possible.

## **Cost Includes**

### **Transports & Accommodations**

- Private airport transfers for arrival and departure.
- 1 nights in city hotels as outlined in the itinerary.
- 5 nights in the best Sherpa homestay as outlined in the itinerary.
- Private car transportation during hikes and tours.

### **Meals & Drinks Included As Per Below**

- Enjoy a daily hygienic breakfast as per the itinerary in the city.
- Receive three meals each day (Breakfast, Lunch & Dinner).
- Choose between Tea or Coffee, up to 5 cups per day.
- Experience a Welcome Dinner at a Sherpa Home with an insightful briefing on Sherpa culture.

### **Complimentary Gifts & Recognition**

- Receive a complimentary T-shirt, water bottle, and walking pole.
- Obtain a certificate of volunteer service from the company.
- Receive appreciations for your volunteer service from the local government or NGO.

### **Staff Pays & Permit Is Included**

- Payment and insurance coverage for guides, drivers, and support staff.
  - Shivapuri National Park hike entry permit fee.
  - Entrance fees for historical sites, temples, and monuments during the tour.
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## **What's Not Included.**

- International airfare and Nepal Visa fee.
- Travel insurance for your trip.
- Gratitude for the guide and staff during the tour.