Trek Nepal & Bungy Jump

3 Star Hotel Package

870 USD per person

*Including healthy meals

5 Star Hotel Package

1070 USD per person

*Including healthy meals

Trip Style: Trekking + Adventure

Trip Difficulty: Moderate (+2)

Explore some of Nepal's most beautiful places with exciting adventure activity like trekking to Nagarkot-Dhulikhel for couple of days, Rafting, Bungee and Cannoning. This multi-activity package is designed around those of us that like to keep active whilst experiencing new cultures and exploring the quieter more untouched areas of your location. See Nepal from its adventure cities and towns and its Mountain, Rivers and villages. Discover its Mountain View, culture, white water River Rafting, Bungy.

Bungee Jump in Nepal: Nepal's first bungee jumping site is situated 160m over the wild Bhote Kosi River. It is located close to the Nepal-Tibet border, a three- hour bus ride from Kathmandu. As of now, there is only one agency offering this sport. The jump, at 160m, was designed by one of New Zealand's leading bungee consultants, and is operated by some of the most experienced jump masters in the business. It's mishap-proof. The agency takes safety very seriously & has become amazingly popular. People come to do the must-do bungy jump, and fall in love with the area and want to explore more. A day's canyoning is the perfect companion to the instant adrenaline of the bungy.

Nepal's Hidden Canyons: Canyoning is an amazing full body and mind experience that enables you to explore some of the last forbidden places in the Himalayas. Cannoning is becoming part of a river, following its flow over natural obstacles. The Last Resort has a couple of the most beautiful canyons in the Himalaya – you can see that in the pictures! With wetsuits, harnesses and with the aid of ropes, your guides will help you navigate this breathtaking journey.

White Water Rafting: Tumbling from the snow-capped peaks of Tibet, the Bhote Kosi river provides some of the most exciting rafting and kayaking in Nepal, and is quite possibly one of the best short river trips offered anywhere in the world.

DURATION: 08 days

ITINERARY

Day 01:: Arrive Kathmandu Airport & Transfer to Hotel by Private Car.

A representative and driver from our office will meet and greet you at the airport and escort you to your hotel and help you check into your designated hotel. We will arrange a meeting with you at hotel to brief you about your daily activities etc. Overnight at **hotel.**

What's Included: Airport pickup, Welcome Dinner & accommodation

Day 02:: Full day Kathmandu City Sightseeing with private guide. Overnight at Hotel

A.M.: Sightseeing tour of Kathmandu city including the old Durbar square -protected as an UNESCO world Heritage Site, Old Royal Palace, the Temple of the Living Goddess as well as Kasthamandup - a temple built from a single tree from which the city of Kathmandu derives its name. Swayambhunath - the oldest Buddhist shrine,

looking east from here one can see the entire Kathmandu valley spread out below.

P.M.: Sightseeing tour of Pasupatinath Temple - the most sacred of the Hindu temples in Nepal dedicated to Lord Shiva built in 1696. Pasupatinath draws thousands of pilgrims every year and devotees from all over the world. We continue on to Boudhanath - the world's largest stupa, it looms 36 meters high and presents one of the most fascinating specimens of stupa design. Pasupatinath and Boudhanath are also listed in the UNESCO World Heritage Site. Overnight Stay at Hotel.

What's included: breakfast, Tour & accommodation

Day 03:: Drive to Sundarijal for trek. After short rest trek to Chisopani [5hrs] – Mountain Lodge

After healthy breakfast we drive from Kathmandu to Sundarijal[1350m]which takes approximately one hour scenic drive by a private vehicle then we start our trek up to Chisopani (2100m.) all this takes about 5 hours. The cobblestone road from Kathmandu turns into a trail near a small hydroelectric plant. The trail will enter through the Shivpuri Watershed and Wildlife Reserve. The first settlement we bump into is Mulkharka inhabited by the ethnic Tamang community.The route heads down the ridge through a forest of oaks and rhododendron to Chisopani at (2100m.). We spend our night in a pretty comfortable lodge down here.

What's included: Meals, transportations, Guided Trek & accommodation

Day 04:: After breakfast trek from Chisopani to Nagarkot [5/6hrs] – Mountain Lodge/ resort

Trek from Chisapani to Nagarkot which takes about six and half hours. Morning the northern mountain views attract you. You trek start to Chauki Bhanjag, which takes about 2 and half hours, you will stop here for an hour for your lunch. You continue the charming trails lead 3 hours toward Nagarkot. (Walking 5/6 hrs) Nagarkot, (2175m) is by far the most popular. In the clear weather the Himalaya range, stretching from Dhaulagiri in the west all the way past Everest to Kanchenjunga in the east, emerges from the darkness to greet the happy visitor with its awe inspiring majesty and beauty.

What's included: Meals, transportations, Guided Trek & accommodation

Day 05:: After breakfast trek from Nagarkot to Dhulikhel [5/6hrs] – Mountain Lodge/Resort

As you approach Dhulikhel, a glut of cultural diversities, traditional practices, lush vegetation and rich birdlife unfolds before you. Dhulikhel (1440m.) is a small town of Newar with a long history. According to the records it has been around for more than 500 years. The artistic skill and urban ethos of its Newar inhabitants have created a place of charm and beauty. Streets are lined with bare-brick houses, carved wooden windows, sloping roofs, pagoda temples and sacred statues everywhere. The major places of worship here are the Narayan and Harisiddhi temples which are adorned with profuse wood carvings. The Gokhureswar Mahadev temple, a 30 minutes' walk to the eastern part of town, is a peaceful and scenic spot. The Bhagawati temple is situated at a height in the western part of Dhulikhel and dominates the skyline. From here, you can get a beautiful vista of the town and surrounding areas. Dhulikhel is set on a hill ridge and enveloped in copper soiled terraces with magnificent views of the central Himalayan peaks. Dhulikhel is well known for its sunrise views. It's a good way to get a glimpse of Nepalese village life.

What's included: Meals, transportations, Guided Trek & accommodation

Day 06:: Morning drive to Barahbise.PM: Possibility of different activities- Resort

After breakfast, drive Dhulikhel/Barahbise (The Last Resort). Upon arrival, check in at the resort. PM: Possibility of different activates like bungy jumping, cannoying, herbal steam massage, hiking or relaxing, etc. Lunch, dinner and overnight at Resort, Barahbise

What's included: Meals, transportations, Bungee/Cannoying & accommodation

Day 07:: After breakfast start white water rafting. PM: Drive back to Kathmandu- Hotel

Commence white water rafting from Balefi to Dolalghat (18 kms/4hrs approx.) including picnic lunch at river beach. After rafting, drive back to Kathmandu retracing the same highway. Overnight at hotel, Kathmandu

What's included: Meals, transportations, Rafting & accommodation

Day 08:: Drive to Airport. Fly back to Home

Free for leisure or last minute shopping until departure. Then, transfer to the international airport on time to connect your outbound flight.

What's included: Breakfast & Airport Transfer

FAQS

What is the weight limit for bungy and swing?
Minimum: For bungy and swing the minimum weight is 40kg.Maximum: for bungy 100kg and swing 120kg. For the tandem swing, the maximum combined weight of two of you should not exceed 180 kgs.
Is there any age restriction for adventure activities?
Yes. Persons below 18 years of age need the consent of their parent or guardian, who is in attendance at the site.
What is the minimum number of people required for each activ
For group activities, the following minimums apply: Canyoning – 2 people High ropes – 2 people Rafting – 6 people
What do I need to bring and wear?
Bungy and Swing: Tight, closed shoes and comfortable clothes. Canyoning: Swimming costume, close tight shoes, change of clothes and a towel (if you are only doing a day trip) High ropes: Comfortable wear, tight closed shoes Rafting: Shorts, t-shirt, strap sandals, cap, sun screen and a towel.