Saribung Peak Climbing-28 Days (all-inclusive)

3 Star Hotel Package

4270USD per person

*Including healthy meals

5 Star Hotel Package

4870USD per person

*Including healthy meals

Trip Style: Trekking + Climbing

Trip Difficulty: Demanding

Saribung peak climbing requires a basic knowledge of mountain techniques. As well as Excellent physical condition and experience of trekking involved is required. You have to walk average 6 to 7 hours per day off-trail or on rough terrain and / or more than 1 000 meters of elevation gain or 20 kilometers. Exceptional ice crossing and few traveled to the heart of the Nepalese Himalayas which can reach from the ancient kingdom of Mustang, the mysterious valley and Naar Phu. This long banned crossing runs through the wild landscapes of the mountains of the Damodar. Glacial cervical **Saribung** to over 6000 meters of climbing permits the passage **Saribung Peak**, a little technical snow-capped peak of 6328 meters. The wide variety of landscapes encountered - colorful cliffs, cave cities, traditional villages, monasteries, sacred lakes, glaciers and high Himalayan Mountains - made this trip one of the most beautiful treks in Nepal. **Saribung Peak climbing** with Naar Phu valley trek is an exceptional trip that involved mythical site, wild and remote areas, great crossings, special treks around the world, unique trips where the adventure is intense.

DURATION: 28 days

ITINERARY

Day 01:: Arrival Kathmandu & Transfer to Hotel. Overnight stay at Hotel.

At Kathmandu international Airport, After Visa formalities complete, we have to come downstairs to collect Luggage and proceed to outside from terminal Building. Please check our Company Name board, Our Guide will be waiting with Mountain Sherpa Trekking & Expeditions display board at the arrival gate. Upon our arrival at Kathmandu international airport, we will be warmly welcome by our Airport representative guide with Silk scarves as per Sherpa customs.
You will be transfer to hotel by Private Vehicle. Check in at Hotel, free welcome drinks tea/coffee or any cold drinks/Juices. Company Manager will meet you as per your prefer time & will provide detailed Plans and Briefing about the trip. At the Evening we will offer you welcome dinner at best authentic Nepali restaurant where you can enjoy the best Nepali food and cultural show.Dinner included overnight stay at best hotel in the Kathmandu.

Day 02:: Kathmandu City tour sightseeing.Overnight stay at Hotel.

After Breakfast your day will start for sightseeing tour of 4 Popular UNESCO Heritage sites of Kathmandu Valley. Our first destination is Swoyambhunath. This place offers a majestic view of the entire Kathmandu valley. Stupa of Swoyambhunath epitomizes Buddhism. Your guide will enlighten you with detailed historical and cultural information about the place. After this you will visit Living goddess home and Kathmandu Durbar square. Locally this, Old royal palace area is called Basantapur Area or Hanuman dhoka Durbar Square. Our next sightseeing will be at Boudha nath (the biggest & Largest Buddhist Stupa in the World). In this Area, you will visit Buddhist Monastery and stop for lunch Break. If weather is clear you can see nearest Mountain of Kathmandu- Ganesh Himal from top of Restaurant.

After Lunch, we will visit Hindus temple Pasupatinath and tour for today is finished. It normally takes 5-6 hours tour to visit all these 4 monuments within Kathmandu city. Afternoon free for packing for trek and getting ready.

Day 03:: Morning flight to Pokhara. Overnight stay at Hotel.

Free morning to enjoy the sights of Kathmandu Durbar Square, Swayambhunath and Boudhanath. In the afternoon, flight to Pokhara and overnight at the hotel.

Day 04:: Flight to Jomsom (2720 m) & trek Kagbeni (2810 m). Overnight stay at tented Camp.

The small twin-engine flying over the deep valley of the Kali Gandaki (40 min flight), spectacular views of the mountains of the Annapurna and Dhaulagiri. A Jomsom, meeting with local team preparing lunch and expenses. Leaving Jomsom, we enter a world of great beauty mineral where the wind often blows in gusts. The usual game on the way to Kagbeni along the Kali Gandaki is to look for saligrams, marine fossils from 40 million years contained in the black stones. Overnight in Kagbeni, beautiful fortified village of Tibetan architecture, door Mustang entry. Camp.

Day 05:: Kagbeni - Tangbe (3060 m) - Chele (3075 m). Overnight stay at tented Camp.

We register with local authorities for our trip to Mustang. After three hours of walking, we arrive at Tangbe (3030 m), superb fortified village. We take the time to admire the beautiful chortens whose style is typical of this area and get lost in the maze of alleys. We go up the vast desert valley dominated by high cliffs riddled with caves. Further 1 hour 30 walk and it is Chhuksang (2980 m). We walk along the river which here takes the name of Mustang Khola, cross a bridge to a recent final climb to the small hilltop village of Chele, where we spend the night. Camp.

6 h 30 walk

Day 06:: Chele - Samar (3660 m) - Ghiling (3570 m).Overnight stay at tented Camp.

The path goes quietly until a plateau around 3600 meters, accessible by a curious stone strangulation of penitents. Descent to the pretty village of Samar (3660 m), protected by poplars. We continue our descent into the canyon, before recovering and follow a beautiful trail in front balcony Nilgiri and Annapurna range. Some pastures before diving into a new canyon. At the bottom of the trough, discovering the sacred cave where many pilgrims come to pray (approx 40 min to 1 h in return). Quiet climb to the tiny hamlet of Syangboche. New Pass to 3850 meters and we switch to the beautiful village of Ghiling where we come in after a magnificent mani wall colors red ocher. Camp. 7 hours of walking. M: 1600 m. D: 1100 m.

Day 07:: Ghiling - Nyi La pass (4010 m) - Dhakmar (3820 m).Overnight stay at tented Camp.

According to Michel Peissel, Geling is the gate of the kingdom of Lo. The beautiful chorten at the heart of the village is worth a visit, as well as the monastery of the fifteenth century that dominates it. We go up the valley to the Nyi La (4010 m) and then join the second pass, the Ghemi La (3770 m). Breathtaking scenery, colorful cliffs ranging from gray-blue to red ocher. Descent on Ghemi (3510 m), beautiful village with white houses breakthroughs brightly painted windows, all in the middle of a green oasis. Stop for lunch in a village house. Even a "small" Pass before descending gently until Dhakmar. Beautiful red rock hollowed organs of cave dwellings close the horizon. Camp. 6 hours of walking. M: 750 m. D: 550 m.

Day 08:: Dhakmar-Mui La [4170 m]-Ghar Gompa [3665 m]Ghar La [4200 m]-Lo Manthang [3810 m]

Our winding path zigzags through land penitents to the first pass of the Mui, then crosses a nice plateau to true col Mui La. The trail now balcony, winds through the pastures with grazing goats and yaks until very lively Ghar Gompa monastery (eighth century) decorated with beautiful frescoes. Visit the monastery. Small descent into the trough and we gradually climb to the Ghar, accompanied by the murmur of the stream.

A first pass before a flank crossing that bypasses the valley takes us to the second pass of the Ghar 4 280 meters. In a landscape of beautiful colorful hills from white to red ocher with all shades of yellow, all crowned by snowy peaks, we reach Lo. Lo Manthang is the fortified capital of the ancient and mythical kingdom of Lo. It has two doors: one north side entrance passing under a large porch and south side, backdoor, deleted and unobtrusive.

Traditionally, only the north door was open during the day and closed every night ... Overnight in lodge.

7 hours of walking.

Day 09:: Trek to Lo Manthang (3820 m)-Overnight stay at tented Camp.

A day to enjoy the walled city founded in 1380 by Ame Pal and rest. It is imperative to visit the monasteries of Chode and Jampa, ancient frescoes including dozens of mandalas. Many walks possible: Namgyal Gompa on foot or village Garphu Jeep. Camp.
NB: Optional visit the village of Garphu, north of Lo Manthang, traveling by jeep, cost divided by the number of participants.

Day 10:: Lo Manthang - Dhi Gaon (3380 m) - Yara (3650 m).Overnight stay at tented Camp.

We retrace our steps to Lo (3945 m). The sandy path, very nice, takes us quietly, bypassing every valley, overlooking the canyons cut and stained with the backdrop of the Annapurna and Dhaulagiri. A final pass at 4100 meters, before descending the middle ground of penitents on the village of Dhi Gaon. We follow the riverbed Puyun Khola for about an hour, then the path is recovering strongly and this is Yara, a small hamlet of white houses close to each other. Very nice very wild day in splendid landscapes. Camp. 5 h 30 walk.

Day 11:: Yara - Luri Gompa (3887 m).Overnight stay at tented Camp.

During this rather quiet day, with a passage to the village of Gara (3875 m), we join Luri by a cross-road which allows reaching the village from the top (neck 3935 m). The afternoon is spent visiting a shrine of another time. In a hermitage above the village, we discover a chorten and millennia frescoes. Camp.5 hours of walking.

Day 12:: Luri Gompa - shelter Ghuma Thanti (4745 m).Overnight stay at tented Camp.

We go down the throat to join the main road from Yara Ghuma Thanti, hipped rump ride in the mountain pastures. At 4780 meters, crossing a large grassy plateau from which emerges the majestic Dhaulagiri. Passing a big pass (4940 m), before descending to the shelter of Ghuma Thanti (4745 m), built for the pilgrims to the sacred lakes Damodar Khunda. Camp.

6 hours of walking.

Day 13:: Ghuma Thanti - Parsche Khola (4890 m).Overnight stay at tented Camp.

We go to great slopes in a lunar landscape. The path, well marked, easy to follow. At the pass at 5320 meters, the view is beautiful on the Dhaulagiri (8167 m). Lower, after a long journey, it is the Annapurana that I can be admired. Steep descent to join the trough bottom of the river Parsche Khola. Short day because at these altitudes, it is necessary to acclimate smoothly. Camp.

4 hours of walking.

Day 14:: Parsche Khola - Damodar Khunda (4970 m).Overnight stay at tented Camp.

We go up the gorge 200 meters before taking a large slope on the left bank of the river by a path that allows us to quickly gain altitude. A long hipped ridge crossing leads to the pass (5490 m), stunning views of Dhaulagiri and the peaks of the Damodar Himal. A long journey to reach a new path that avoids a landslide. We reach the river at 4920 meters to cross easily ford. By a wide valley, we reach the sacred lakes and sheltered pilgrims from Damodar Khunda. A small Hindu shrine upstream of the camp and a very old Buddhist chorten on the ridge marking the sacredness of the place. Camp.

5 hours of walking.

Day 15:: Damodar Khunda - Base Camp (5240 m).Overnight stay at tented Camp.

We follow small paths that lead to kharkas. A beautiful mouflon trophy Marco Polo and many saligrams decorate these altitude sheep. The end of the route in the river bed is uncomfortable. Lunch can it directly to the camp where there is a large chorten built by the Japanese. Camp.

3 hours of walking.

Day 16:: Base Camp - Moraine Camp (5720 m).Overnight stay at tented Camp.

Transition day to address the high mountains and changing universe. The first part of the climb takes place on the left bank moraine of the glacier. Small cairns indicate the passage. It must reach the glacier itself to follow through a long row of penitents, gorgeous. To 5700 meters, we cross the glacier almost horizontally to change the bank and reach the right bank moraine. We find the highest peak of the Damodar Himal: the Khmjunggar Himal (6759 m). Camp.

5 hours of walking.

Day 17:: Camp Moraine-Saribung Pass (6042M)-Saribung Peak(6328 m) Base Camp Bhrikuti 5070m

The climb is done in three hours on the moraine and then a little cracked glacier; then we take 280 meters at the top by an easy path with large snow slopes at 30 degrees, then a wide ridge. From the top, the view is splendid on the surrounding peaks: Gyajikang, Himlung ... From the pass, the descent on the opposite side demand in the second half a bit of attention because of the many crevasses. At the end of the glacier, we put crampons and begin a long journey to the wire on the left bank moraine to the camp.

12 hour walk which 3 to 4 hours on the glacier.

Day 18:: Camp basis of Bhrikuti - Phu (3995 m).Overnight stay at tented Camp.

Descent on a ridge with blocks to cross a tributary. We continue along the river to a second tributary that fording. A rise in front of the glacial shoulder can reach a well marked trail in the pastures that we follow up easily Ngaru, abandoned village. A steep climb of 200 meters and a beautiful balcony path take us to the village of Phu perched on a rock. A Gurung community lives in this tangle of cubic shaped houses with flat roofs. Camp.

6 hours of walking.

Day 19:: Phu (3995 m)-Overnight stay at tented Camp.

A day harnessed to visit the beautiful village of Phu village on the board. The carriers also need to rest after the days at high altitude. Camp.

Day 20:: Phu - Mahendra Pul (3425 m)-Overnight stay at tented Camp.

The path goes down the throat of the Phu Khola. We cross the abandoned villages and Kyang Chyako. What a pleasure to find the trees! We continue beyond Jhunum. The main trail leads to Meta, we leave for Naar trail and do stop at Mahendra. The camp is located after the bridge over the gorge a hundred meters impressive. Camp.5 h 30 walk.

Day 21:: Mahendra Pul - Naar (4100 m) - The Phedi Kang (4500 m)-Overnight stay at tented Camp.

Steep climb and quiet to the village of Naar. Exceptional views of Pisang Peak and Kang Guru. A large chorten and towering mani walls mark the entrance to this remarkable village. Above Naar, we go up a broad valley Kangla The Phedi where a shelter was built for carriers. Camp.

6 hours of walking. M: 1175 m. D: 100 m.

Day 22:: Kang La Phedi - Kang La (5320 m) - Ngawal (3680 m)-Overnight stay at tented Camp.

Steep climb, we pass near a small lake before starting the final climb. The view of the Kang Guru is majestic. From the pass, breathtaking views of all peaks of Annapurna massif. The first hundred meters below the neck demand attention. We dive towards the Marsyangdi Kola to the village of Ngawal. Camp.

7 hours of walking

Day 23:: Ngawal - Gyaru- Brathang (2840 m)-Overnight stay at tented Camp.

We take the balcony path with extraordinary views of Annapurna, cross the beautiful village of Gyaru, before joining the classic way round Annapurna. Breathtaking views of Annapurna II. Camp.6 hours of walking.

Day 24:: Brathang - Dharapani (1900 m).Overnight stay at tented Camp.

Step of the turn of Annapurna on beautiful paths with many villages: Chame, Koto, Marang Latte, Temang, come across Danaqué. Beautiful views of the chain of Manaslu. Camp.

6 h 30 walk.

Day 25:: Dharapani - Syange (1050 m).Overnight stay at tented Camp.

Always Marsyangdi river is followed in a very deep valley, waterfalls tumble down the walls. We cross the village of Tal trapped under huge cliffs. A steep descent and a bridge used to join Chyamje and a wide track to Jagat and Syange. Camp.6 h 30 walk.

Day 26:: Syange - Kathmandu.Overnight stay at Hotel.

Two hours of track between Syange and Besi Sahar, before changing vehicle because the paved road begins here. It takes three hours drive from Dumre, then three more hours to Kathmandu. Overnight at hotel.

About 8 hours away in total.

Day 27:: Kathmandu-Overnight stay at Hotel.

Free day. Your guide will be at your disposal to organize those few hours in the Kathmandu valley. For those of you wishing to visit the city accompanied by a cultural guide, your guide will arrange. Last meal in Kathmandu taken together with your guide. Overnight at hotel.

Day 28:: Departure

Morning free for last Minute shopping or time as your own.Our driver and airport representative drive you to the airport in time for your flight back home. We ensure that you leave Kathmandu with cherishing memory and an experience of a lifetime.

FAQS

What type of shape do I need to be in, is this trip for me?

You have to be physically excellent condition. You also need previous climbing experience and skills of using climbing equipment such as ropes, ice pick, harness, crampons. Our Climbing Sherpa guide will train you before start to ascent the Saribung Peak

What sort of accommodation can I expect in Kathmandu and Mountain?

We use standard rooms at quality hotels in Kathmandu with breakfast included. Along the trekking routes we provide combination of teahouses/lodges and tented camp accommodation.

We can also offer you sleeping bags if needed (to be returned after the trip) but it is a good idea to always have your own sleeping gear. The lodges generally provide single and double rooms, or seldom a dormitory. The toilet in tea houses provides essential and basic facilities and will be always outside the room. We provide quality Tent with Matters.

What sort of food can I expect on trail?

Our cook prepares delicious range of mostly vegetarian fare. Pasta, tuna bakes, noodles, potatoes, eggs, daal bhat(rice and lentils), bread, soup, fresh vegetables (variety depends on the season) and even some desserts like apple pies, pancakes, and some interesting attempts at custard. In many larger villages some meat items will be provided. You can always get hot chocolate, tea, and hot lemon drinks. Each day dinner and breakfast will be at a same camp you'll stay at while lunch will be taken on the way to destination.

Do your guides have Mountain guide license and first aid training for high altitude?

Yes, our entire climbing Sherpa guides have all received 45-day training from the Nepal Mountaineering Association. The guides have also received high altitude first aid training from KEEP (Kathmandu Environmental Education Project). Please check our Trekking Guides Profiles and Training Certificates.

What opportunities will I have for shower along the trek?

in major places, we arrange guesthouse with hot shower. And in rest of the places, water in bucket will be provided for shower.

Is Mountain Sherpa trekking staff insured?

Our company insures all our staff members, including guides, cooks, Sherpas and porters. Please browse though Company Information pages to view insurance details.