

Nepal mountain bike tour

3 Star Hotel Package

1270^{USD}
per person

*Including healthy meals

5 Star Hotel Package

1470^{USD}
per person

*Including healthy meals

Trip Style: Mountain Biking trip



Trip Difficulty: Moderate + 3

For one week we offer wonderful mountain biking tour in Nepal through the beautiful countryside. The diversity of its cultures, the diversity of its many religious cults, not to mention the variety of environmental assets, makes Nepal a magical destination for Mountain biking tour. Kathmandu, the mystical city, do not fail to seduce you with its markets, its old wooden batistes fully sculpture, old Hindu temples and magnificent Buddhist Stupa, prayer flags. The variety of its terrain, Nepal is a favorite destination for lovers of mountain biking. You will cross the hilly village – some forest - on the outskirts of Nagarkot hill to Tibet Border. Whose natural environment is still a virgin, not to mention the high mountain villages and Tibetan cultures! We do not just follow the track to the next step; we are True Mountain biking enthusiast looking to ride as much as possible on beautiful recreational trails.

We have very well experiences Sherpa guides that escort your Mountain biking trip in Nepal. Please note, Mountain biking tour can be tailored to suit your requirements and can include trekking, kayaking, jungle safari, bungee jumping/bungee swing, etc please contact us to arrange your own customized adventure!

DURATION: 09 days

ITINERARY

Day 01:: Arrival in Kathmandu airport & Transfer to Hotel by Private Car.

Our airport representative will be receiving you at Tribhuvan International airport Kathmandu and he/she will be displaying Mountain Sherpa Trekking & Expeditions Company signboard outside the airport terminal. You will be then transferred to your respective hotel in our private tourist vehicle. Overnight at Hotel.

Meals: Breakfast & Dinner included

Destinations: Kathmandu Airport, Drop to Hotel

Accommodations: 3 Star / 5 Star Hotel

Day 02:: Pre-trip meeting and ride from Kathmandu to Kakani (2,073 m/6802 feet) about 25 Km

After the meeting, we prepare our equipment and backpack, and then ride off to Kakani. We head through the bustling back streets of Thamel and on to good wide undulating jeep tracks alongside the Nagarjun forest. Your efforts are rewarded by spectacular mountain views. On the way, taste the delicious trout fish farmed locally – which gives the route the name “Trout Highway”. We bike mostly uphill to Kakani, which is at 2,073 m elevation. Once in our destination, we enjoy the stunning views of Ganesh and Langtang mountains and the valley of Likhu Khola 1,000m below. Overnight stay at **Guest House/Resort (B/L/D)**

Meals: Breakfast, Lunch and Dinner included

Destinations: Kathmandu, Trishuli Bazaar road, Kakani (2,073 m/6802 feet)

Accomplished: 25 km

Accommodations: Guest House/Mountain Resort

Day 03:: Ride from Kakani to Budhanilkantha (1,630m)/ Kathmandu

Head off on one of the best single tracks in the valley down towards the Budhanilkantha Temple (Sleeping Vishnu), passing through the Shivapuri National Park. Budhanilkantha is a remarkable 5th century statue of the Lord Vishnu, reclining on the coil of giant king snakes in the middle of small pond. Your efforts are rewarded by spectacular panoramic mountain views of Ganesh and Langtang Himal on the way. Moreover, the hotel you'll be staying at in Budhanilkantha is true resort established in a rural setting with culturally rich and naturally pristine environment whose garden harbors nearly 75 species of birds and 2,000 flowering trees and shrubs. Overnight at a hotel.

Meals: Breakfast ,Lunch & Dinner included

Destinations: Kakani, Shivapuri National Park, Budhanilkhanta

Accommodations: Hotel/Resort

Day 04:: Ride from Budhanilkantha to Nagarkot (2,175 m/7,136 feet)

Today we head off towards Boudhanath, the largest Buddhist stupa in Nepal.Following the tarmac past Boudhanath, we take in clearer views of Kathmandu. We continue on ride to the Sankhu village and we stop here for lunch and explore this ancient town. From here we cycle along a jeep track road to wind our way up with a two-hour climb to Nagarkot – one of the most well known hillstations of the country. The views of the Himalayan mountain range from Nagarkot, especially from the Tower, more than compensate this arduous ascent. On a clear day, even Mt. Everest can be seen! We stay in Nagarkot at a guesthouse from where we can enjoy the sunset. Overnight at a hotel.

Meals: Breakfast, Lunch & Dinner included

Destinations: Kathmandu,Boudhanath,Sanku Village, Nagarkot

Accommodations: Mountain Resort

Day 05:: Ride from Nagarkot to Dhulikhel (1,600 m/5,249 feet)

After breakfast, we head mostly downhill towards Nagarkot, though last 8 km is uphill till Nagarkot view tower. Great views of Himalayan Panorama onto the left hand-side whereas on right you will see dense forest and Kathmandu valley far away. We stop for some brunch here then ride again downhill till Nala village (an old Newari village) and then mixed trails to Dhulikhel; another hill station of Kathmandu valley, superb view of Himalayas. Enjoy beer in the beautiful garden of our overnight hotel.

Meals: Breakfast, Lunch & Dinner included

Destinations: Nagarkot, Nala Village,Dhulikhel

Accommodations: Mountain Resort

Day 06: : Ride from Dhulikhel to Balthali (1,445 m)

From Dhulikhel, we ride on the flat mostly paved route to Balthali. The traditional village with ancient architecture of the houses and innumerable temples welcome us. This definitely allows for a great spot for sightseeing. The greenery and the farms make our ride very pleasant. The village of Balthali is tucked away behind the forest of

Panauti and is considered as a naturally and culturally rich destination. The cozy hotel you'll be at sports a bird's eye view of green terrace field, massive surrounding hills and faint streaks of the Himalayas to the north.

Meals: Breakfast , Lunch & Dinner Included

Destinations: Dhulikhel, Namobudda, Panauti, Balthali

Accommodations: Mountain Resort

Day 07:: Balthali - Lakhurebhanjyang - Kathmandu, 45km, Max. altitude 2,000m

Today we first ride 7km on dirt trail to Panauti; old city with many temples and monuments; Indreswora Temple is one of the most popular there and then we ride about 15km up but gradual to the Lakhure Bhanjyang; bird eye view of Kathmandu valley and mountains can be seen from here.. Small tented camp there; where we will have our lunch and then 7km head to toe downhill to Lubhu, then we ride on paved road to Patan Durbar Square, where we do some sightseeing and then ride back to Kathmandu. Tour ends. Overnight stay at Hotel

Meals: Breakfast, Lunch & Dinner

Destinations: Balthali, Lakhuri Bhanjyang, Lubhu, Patan, Kathmandu

Accommodations: Best 3 Star or 5 Star Hotel

Day 08:: City Sightseeing tour of Kathmandu (on a private Car/Van)

Optional: you also can choose one hour Everest Views mountain flight that is not included in package. This one-hour flight is the best thing ever happened towards exposing Mt. Everest - the highest peak of the world to a large number of visitors with limited time. Along with the spectacular view of the Everest, the passengers can also view a host of other giants of the Himalayas such as Shisha Pangma, Melungtse, ChoOyu, Pumori, Nuptse, Lhotse and Ama Dablam among others. This experience is enough to last a lifetime.

After Breakfast at Hotel our Tour Start around 8- 8:30 AM. Our first destination is Swoyambhunath. This place offers a majestic view of the entire Kathmandu valley. Stupa of Swoyambhunath epitomizes Buddhism. Your guide will enlighten you with detailed historical and cultural information about the place. After this you will visit Living goddess home and Kathmandu Durbar square. Locally this, Old royal palace area is called Basantapur Area or Hanuman dhoka Durbar Square. Our next sightseeing will be at Boudha nath (the biggest & Largest Buddhist Stupa in the World). In this Area, you will visit Buddhist Monastery and stop for lunch Break. If weather is clear you can see nearest Mountain of Kathmandu- Ganesh Himal from top of Restaurant. After Lunch, we will visit Hindu temple Pasupatinath & tour for today is over here. Free day to relax or explore yourself.

Meals: Breakfast, Lunch & Dinner

Destinations: Swoyambhunath, Boudhanath, Kathmandu Darbar, Pasupatinath

Accommodations: Best 3 Star or 5 Star Hotel

Day 09:: Departure- Transfer to Airport by Private Car. Fly back to Home

After a healthy breakfast, hang around your hotel or go shopping for Thanks or Pasma scarf in Thamel. Our driver and airport representative drive you to the airport in time for your flight back home. We ensure that you leave Kathmandu with cherishing memory and an experience of a lifetime.

Meals: Breakfast