Nepal and Bhutan Tour

5 Star Hotel Package

3700USD per person

*Including healthy meals

Trip Style: Cultural Tour

Trip Difficulty: Leisure

Nepal and Bhutan tour is two attractive Himalayan nations in one magical journey. We start our tour from Kathmandu, the capital of Nepal. During your Nepal and Bhutan tour, you walk across the lively backstreets of old Kathmandu to visit local markets, Buddhist and Hindu temples with an expert local tour guide and driver. After visiting Kathmandu Valley you will fly to one of the most beautiful cities Pokhara. It is known for its natural attraction and for adventure sports.

After enjoying our 2 nights in Pokhara, you'll go to enjoy a Jungle Safari trip in Chitwan National Park. where you can enjoy activities such as elephants back safari, Jungle walk, beautiful boat rides on the lovely Rapti River, visiting a village to learn about the local Tharu people and their lifestyle.

Return to Kathmandu for an overnight stay before flying to the land of happiness – **Bhutan**. Throughout the **Bhutan tour**, experience peaceful walks through rural farming villages, light a butter lamp at a local temple and opt to hike up a mountain for gorgeous panoramic views of the valley, tour the spectacular Punakha Dzong, and stopover a Buddhist nunnery overlooking the valley. Lastly, you can tour back to Paro and end the tour with the scenic hiking to breathtaking Tiger's Nest a Cliffside Buddhist monastery that's a highlight of Bhutan.

DURATION: 13 days

Trip Facts

Arrival City
- Kathmandu, Nepal

Departure City
- Kathmandu, Nepal

Trip Destination
- Nepal & Bhutan

Trip Style
- Cultural, Adventure & Wildlife Tours

Maximum Altitude
- 3,120 metres (10,240 ft)

Trip Durations
- 12 Nights/ 13 Days

Suitable For
- Couples, Family/luxury travelers

Accommodations
- Best 3 Star/5 Star Hotel

Meals
- Breakfasts during city tour
- 3 Meals in Chitwan & Bhutan

Transportation
- Flights-including Bhutan
- Private Car/Van/Mini Bus

Best Time to Travel
- February to May
- Mid September-December

Service Level
- Authentic Local Guides
- Best Hotel and Resorts

ITINERARY

Day 01:: Arrival in Kathmandu, Overnight at Hotel [Welcome Dinner]

If it's a clear day when you are flying into Kathmandu, then your journey begins right from the skies itself. The sights from the windows of our jet show us glimmering snow-capped mountain peaks spread out down below us,

giving us the first thrills of our just started holiday, sparking off a whole reaction of extraordinary experiences that stay with us for some time to come. As soon as your plane lands at the Tribhuwan International Airport, **Mountain Sherpa Trekking & Expedition** office local Tour Guide and driver will be on standby to meet and greet you at the airport and escort you to your hotel. Your Guide will help you check into your designated hotel, and after going to our rooms and refreshing ourselves we will be briefed about our daily activities. The rest of your time is free to move around the neighborhood and get familiar with your surroundings.

Day 02:: Full day Tour in Kathmandu. Fly to Pokhara- Overnight stay at Hotel (B/B)

After a good night's sleep and having a hearty breakfast, we proceed for our tour of **Swayambhunath** (popularly known as Monkey Temple) "Swayambhu" means "self-created" and refers to the myth that the hill sprung up suddenly from a great lake that once covered Kathmandu Valley. This place offers a majestic view of the entire Kathmandu valley. Stupa of Swoyambhunath epitomizes Buddhism. Your guide will enlighten you with detailed historical and cultural information about the place. Our next sightseeing will be at **Boudhanath (**the biggest & Largest Buddhist Stupa in the World). The 36-meter-high stupa of Boudha is huge and dominates the skyline in the area. With numerous monasteries around it, Boudha is the center of Tibetan Buddhism in Nepal. In this area, our guide will show you a few Buddhist Monasteries and stop for lunch Break. If the weather is clear you can see the nearest Mountain of Kathmandu- Ganesh Himal from the top of the Restaurant. After lunch, we will visit the biggest Hindu temple **Pashupatinath**. This Temple is one of the seven UNESCO Cultural Heritage Sites of the Kathmandu Valley. It is also a cremation site where the last rites of Hindus are performed. The rituals of cremation are not for the faint-hearted; still, visitors are seen watching curiously from across the river from the hillside. Visit Pashupatinath Temple for an out-of-this-world experience. After this tour, you will transfer to a domestic airport to fly **Pokhara.**

Day 03:: Full day sightseeing tour in Pokhara city. Overnight stay at Hotel (B/B)

Sarangkot is one of the most popular viewpoints for sunrise and sunset views over the snowy peaks in Pokhara. Early morning we drive to Sarangkot, which is only 5 km from Lake Side from Pokhara. We can enjoy spectacular sunrise views over the **Annapurna mountain range**. We can reach it easily by 45 minutes by a comfortable car drive to the top from Pokhara.

After visiting this magnificent viewpoint, we return to the hotel for breakfast. The rest of the day, we spend our time exploring Pokhara different sites, first we visit Davis fall, which is locally known as **Patale Chhango** and in the southern flank of the Pokhara valley, it is where the stream flowing from **Fewa Lake** collapses and surges down the rock into a deep gorge, leaping through several potholes. This is hugely popular with tourists and locals alike. After that we visit **Gupteshwor Cave,** The entrance of the cave is right across from Davis Falls and the cave is almost 3 kilometers long. It has some big hall-sized rooms and some passages where you have to crawl on all four. After that, We visit the International Mountain Museum, which is absolutely an outstanding place to learn about Nepali culture with reference to the people, the fauna, the geography of Nepal. In the Evening, We walk around the clean touristic streets of Lakeside Pokhara.

Day 04:: Drive to Chitwan- 4-5 hours drive- overnight stay in resort (all Meals included)

The day will drive from Pokhara to **Chitwan National Park**. A somewhat long drive but you will discover memorable landscapes. It takes about 4 hours to reach Chitwan National Park (meaning "the heart of the jungle") was once the domain of royal hunts, the most well-known of Nepal. This excellent reserve nearly 1000 km was created south of Rapti River to preserve animal species in danger of extinction. It is the **oldest national park** of Nepal and was declared a World Heritage Site in 1973. It is now a paradise for birds, you will most certainly have the opportunity to meet with rhino a horn, deer, monkeys and elephants.

In the evening, you can enjoy the **beautiful sunset** on the **Rapti River**. You also can attend a local dance show of the Tharu ethnic group. This is the majority population in the Terai. The Tharu originally live in huts with thatched roofs, made of a bamboo frame and covered with clay and dung. They live in symbiosis with nature and farmers are the generations of tradition. The **Tharu** are for the most part animist believing in spirits of nature worship multiple

gods and worship the ancestors. They nevertheless adopted many Hindu rituals. Overnight at hotel.

Day 05:: Full day activities in Chitwan- Overnight Stay at resort (all Meals included)

After having our breakfast, we start our jungle activities such as **canoe ride** along the Rapti river, Bird watching, **elephant bathing**, elephant **safari.** Visiting Chitwan, Terai town located on the edge of the national park, it has made its reputation since the creation of safaris. The influence of culture Tharu Maetali (local tribe) presents everywhere again, you may have the chance to attend and participate in the bath the elephants in the Rapti River flowing through it. We will later visit the elephant nursery, where many elephants and exhilaration delight you. There are still a few decades elephants that were found in Nepal came from India and Thailand until the government decided to create its own breeding center.

The afternoon will be devoted to a safari on elephant back. Pachyderms allow you to interfere more intimately in the heart of Chitwan National Park to observe the animals without disturbing them, and sometimes tigers will be less timid. You'll have more chances to see wildlife and the **experience will leave a lasting memory**. There will be timetables fixed at resorts for all your Jungle Activities or you will inform about it. In the Evening you will take to the Cultural show center for the Ethnic cultural Dance of the Terai region. Overnight stay at Resort.

Day 06:: Fly to Kathmandu then tour of Bhaktapur & Patan. Hotel (B/B)

After breakfast, you will be transferred to Bharatpur Airport to fly back to Kathmandu. Visit the **Bhaktapur,** which is also known as the **"City of Faith Chain"** and features many cultural and artistic achievements. The past glory of the Malla dynasty seems to continue in the palace courtyard. Bhaktapur is well known in the region for its pottery and craft of weaving and woodcarving and the production of Bhadgaolen Hat. Late afternoon we visit Thamel. This is where climbers and trekkers establish their headquarters during their brief stay in Kathmandu. You will find restaurants, bakeries, bookstores and Internet cafes, shops of all kinds.

En route to Kathmandu, We also visit **Patan city** and its temple and surrounding Areas. After this tour, we return to our Hotel. These two beautiful ancient town tours will give you the best experience of Newari culture.

Day 07:: Fly to Paro & transfer to Thimpu (2300m/ 7546ft) overnight stay in resort (all Meals included))

As our flight approaches **Bhutan** we can experience amazing views of the Himalayas including the holy **Chomolhari and Jichu Drake peaks**. At the airport, our local guide from **Mountain Sherpa Trekking & Expeditions** will greet you and will transfer you to Thimphu and visit the National Memorial Chorten. Later, see Tashichho Dzong, a 13th-century Buddhist monastery and fortress. You undergo a wonderful transition on this morning's included flight. Leaving behind one of the big cities, you step from your plane into a land of otherworldly calm. Shrines dot the emerald-green Paro Valley. Terraced rice fields defy common sense as they climb the hillsides to forests of rhododendron and pine. Bhutan wears Buddhism on its sleeve, and we'll get early lessons in the vocabulary of its structures.

On a single stop, we'll see Tibetan, Nepalese and Bhutanese styles gathered at the union of two rivers. And a dzong is the classic Himalayan fortress whose high walls enclose a complex of courtyards and temples. The oldest is Simtokha Dzong, built-in 1627, where we pay a guided visit. our destination is **Thimphu**, the nation's capital. With our local guide, we'll stroll the city's streets to the King's Memorial, circled by an endless string of Bhutanese, murmuring mantras and spinning prayer wheel

Day 08:: Full day sightseeing in Thimpu. Overnight stay in resort (all Meals included))

After having a hearty breakfast at our hotel, we begin our full-day tour of the capital city of Bhutan. **Thimpu** is known for its attractive Bhutan dzong, fresh air & delightful local people. Today's excursion starts with a visit to Late King's Memorial Chorten, and discovers the National Library, Folk Tradition Museum and Hand-made Paper Factory, and the School of Arts and Crafts, where you will have a panoramic view of Bhutan history and learn more of textile and the handicraft making in the most traditional way. The highlight comes as we visit the

Tashichho Dzong (Thimpu Dzong), the most stunning Bhutan dzong as well as the headquarters of the Bhutan government.

Day 09:: Drive from Thimphu to Punakha (1250m/4100ft) Overnight in resort (all Meals included))

Today, we will drive northeast to Punakha from Thimpu, the former capital of Bhutan. On the way, we will stop at picturesque Dochu La Pass (3,100m) for a refreshing tea. The perfect vintage point brings you the unobstructed landscape of the Great Himalayas. Afternoon we will explore Punakha and its surrounding areas.

Day 10:: Exploration in Punakha Dzong & Drive back to Paro.overnight stay in Resort (all Meals included))

Today we visit **Punakha Dzong** early morning after breakfast, which is generally thought to be the most attractive Bhutanese Dzong, built at the confluence of Pho Chhu and Mo Chhu Rivers. Never miss the Punakha festival around mid-Feb if you come at the right time.

After exploring **Punakha**, we are about to drive back to Paro. It takes approx. 3 hours drive. In the afternoon, we will visit the National Museum of Bhutan, which looks like a round watchtower. You can trace back to the early Bhutan history and discover the varied wild lives as well as wonderful local culture and arts. Then we drive to visit Drukgyel Dzong, where you can enjoy the captivating village lying at its foot.

Day 11:: Full day Tour in Paro, hike Tiger's Nest Monastery.Overnight stay in Resort (all Meals included)

After having fresh breakfast in the morning, we'll start today's hike to Taktshang Goemba (also known as **Tiger's Nest)**. Standing on the cliff of Paro Valley, Taktshang Goemba (3120 meters) is the landmark of Paro as well as the holiest temple in Bhutan. Local Bhutanese people believe that Guru Padmasambhava (also known as Guru Rinpoche) had flown here on the back of a tigress and meditated in the caves on the Cliffside for three months. From here, you can observe a spectacular view of Paro Valley. After lunch, you enjoy your free time in the resort or you can explore nearby.

Day 12:: Transfer to Airport by private car and fly to Kathmandu.

Today, our local Bhutanese tour guide will transfer you to Paro International Airport to fly to Kathmandu, Nepal. Once you arrive in Kathmandu, we will drive to Thamel and Ason areas to visit a local market for shopping and to explore local areas. We also visit the **Garden of Dreams,** a peaceful oasis in the middle of a bustling city. Evening joins cultural dinner then explore around Thamel and enjoy the nightlife of Kathmandu and back to the hotel.

Day 13:: Transfer to Kathmandu international Airport & Fly back to Home

Morning free for last Minute shopping or time as your own. Our driver and airport representative drive you to the airport in time for your flight back home. We ensure that you leave Kathmandu with cherishing memory and an experience of a lifetime.

Cost Includes

Transports & Flights

- Private Transfers upon arrival and departure
- Kathmandu-Paro-Kathmandu round trip flight
- Kathmandu-Pokhara & Bharatpur- Kathmandu flight
- Private vehicle for all Tour and ground transfer in Nepal
- Private vehicle for all Tour and transfer in Bhutan

Hotels & Accommodations

- 3 Nights hotels in Kathmandu as specified in Itinerary
- 2 Nights hotels in Pokhara as specified in Itinerary
- 2 Nights Resort in Chitwan National Park as per Itinerary
- 2 Nights Best Resort in Paro as specified in Itinerary
- 2 Nights Best Resort in Thimpu & 1 Night in Punakha

Meals & Drinks

- Daily hygienic breakfast in Kathmandu & Pokhara city
- Breakfast, lunch and dinner daily during Jungle tour in Chitwan
- Breakfast, lunch and dinner daily during cultural tour in Bhutan
- Welcome/farewell dinner with cultural live show
- High quality Natural Mineral Water during whole tour

Pays & Entrance Fees

- Visa fees and Permit fee for Bhutan Travel
- Entrance fees to historic sites and monuments in each country
- Allowance for Local Tour guide and driver in each country
- Guide & driver's food and accommodation in each country
- Pay and insurance for guides and drivers in each destination

Best Service & Support

- English-Speaking Local Tour Leader/ Local Guides
- Airport Meet and Greet with Private Transfers each country
- Bhutan Travel Permit,Visa & flights arrangement
- Free luggage storage Service

Additional Service

- We help you, if an airline loses your luggage, or delayed
- International flight ticket Reconfirmation service if required
- We help our clients to buy souvenirs at wholesale price
- Help to get Local Sim Card in Nepal & Bhutan

What's Not Included

- International Airfare and Nepal Visa fee
- Travel insurance for emergency and trip Cancellation
- Lunch & Dinner in Kathmandu & Pokhara (US$ 5-10 Per Meal)
- Any Alcoholic Drinks & Gratitude for Guide & driver