

# Monastery & Stupa Day Tour

5 Star Hotel Package

**150**<sup>USD</sup> per person

\*Including healthy meals

**Trip Style:** Cultural Tour+Local

**Trip Difficulty:** Leisurely



**Discover real Nepal in One day tour. Combination of local cultural tours including sightseeing of places of beautiful monastery. Please note that this tour doesn't includes hotel accommodation and food.**

**Monastery & Stupa one day tour** take a leisurely walk around the monastery compound, and you will not only have an incredible view of the Kathmandu valley, you will also see a large large number of stupas, statues, prayer wheels and other holy objects, all embedded into a landscape-of gardens and ponds.

**Seto Gompa:**Seto Gompa visit is worth in this tour.The views of the mountains, fields, and city is amazing. The temples overall are very serene and beautiful, and the location inspires peacefulness and serenity. Buddha statues are of good size, and impressively located along the stairway up. Free to get in, a fee to park, and donations weren't pressured, but welcomed. Very well kept grounds and one of the cleanest places in the Valley. This is a MUST see in the area.

**Boudhanat:** was probably built in the 14th century after the Mughal invasions; various interesting legends are told regarding the reasons for its construction. After the arrival of thousands of Tibetans following the 1959 Chinese invasion, the temple has become one of the most important centers of Tibetan Buddhism. Today it remains an important place of pilgrimage and meditation for Tibetan Buddhists and local Nepalis, as well as a popular tourist site.

**Kapan Monastery:**Just north of the ancient Buddhist town of Boudhanath is the Kopan hill, which rises up out of the terraced fields of the Kathmandu valley and is visible for miles. Dominated by a magnificent bodhi tree, it was once the home of the astrologer to the king of Nepal. This same hill is now the home of Kopan Monastery, a monastery in the Gelug tradition of Tibetan Mahayana Buddhism under the guidance of Lama Zopa Rinpoche. The air is clean and the view across the valley magical.

DURATION: 1 days

## ITINERARY

### 7:00 PM: Breakfast at Hotel

08:00 AM - Pickup at Hotel, drive to Seto Gompa (approx.6 kilometers, 25 minutes) After Breakfast your day will start, our guide will Pickup you from your Hotel. You will drive about 25 minutes to Seto Gompa. The views of the mountains, fields, and city is amazing. The temples overall are very serene and beautiful, and the location inspires peacefulness and serenity. Buddha statues are of good size, and impressively located along the stairway up.

### 11:00 PM: Drive from Seto Gompa to Boudhanath Stupa

After spending few hours in Seto gompa.We will drive to Boudhanath Stupa. We stop for lunch there at 12:00 PM.

### 2:30 PM: We drive to Kapan Monastery

**4:30 PM: Drive back to Hotel from Kapan Monastery**

## **Cost Includes**

### **Transports & Entrance Fees**

- Full day guided tour with local guide
- Private Car during city Tour and ground transfer
- High quality Natural Mineral Water during whole tour
- Entrance fees to historic sites, temples and monuments

### **Pay & Allowance**

- Pay and insurance for guides and drivers
  - Allowance for Tour guide and driver
  - Guide & driver's food and Parking fees
  - Meet with local people and experience local culture
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