Makalu Base Camp Trekking

3 Star Hotel Package

2399USD per person

*Including healthy meals

5 Star Hotel Package

2699USD per person

*Including healthy meals

Makalu Base camp Trekking is ironic that this fantastic venture begins from the lowest valley on the planet which initiates an odyssey that culminates at the foothills of Mt. Makalu, yes, this is the fifth highest mountain in the world at (8,481m) as our trekking boots crunch the trail through alpine forest above the timberline where the stark landscapes radiate an unknown beauty that sometimes even the mind finds it hard to comprehend. We encounter lovely orchids and a mountain culture that awakens the curiosity of our thoughts while trundling through verdant farmlands and vibrant market villages [called **'**haats**'** in the local lingo]. As we cling to a crest above the Arun River, which is a suggested location for the biggest hydroelectric plant in Nepal, the route guides us across yak pastures where our eyes behold the overlapping never ending ice fields of Mt. **Makalu**. On the way we get lovely views of Kanchenjunga massif, Everest, Lhotse, Baruntse and Chamlang as well as the not often seen Kangshung face of Everest. **Makalu Base Camp trek** is one journey you sure want to make once in a whole lifetime.

This venture displays out of this world scenery where the ecosystems blend in so well with the flora and fauna; the verdant tropical greenery of the Arun Valley that stretches to the high alpine remote ice fields of Mt. **Makalu**, the 5th highest mountain in the world, is a specter of nature ever so natural, despite the tough trek. We hit the trails from Arun Valley hiking into rural areas, hiking across absorbing ancient conventional markets and mountain villages where farming is the only means of survival, our route cuts across quaint unknown routes where not many have tread before, exposing sublime panoramas of Mt. Makalu and Kanchenjunga throughout the journey, and we encounter more breathtaking landscapes of the Khumbakarna Range as we slip into the lovely Barun valley of the Makalu basin. From hereabouts, the trek passes over yak meadows nestled warmly in the shadows of Makalu's tall south face as we experience grand views of the rare east (Khangshung) face of Mt. Everest. You simply can't ask for more than this.

We revert back through far flung Sherpa villages back to steamy Tumlingtar for our picturesque sweeping sky tour of a flight above the Nepalese Himalayas back to kathmandu and a warm comfortable bed. '**Makalu Base Camp Trekking'** is one holiday that's going to enrich your memories for a long time to come…and " Mountain Sherpa Trekking ''will make this odyssey an unforgotten event in all of your life…

DURATION: 22 days

ITINERARY

Day 01:: Arrival in Kathmandu and transfer to hotel

If it's a clear day when you are flying into Kathmandu, then your tour begins right from the skies itself. The sights from the windows of our jet shows us glimmering snow-capped mountain peaks spread out down below us, giving us the first thrills of our just begun vacation, sparking off a whole reaction of unforgettable experiences that stay with us for some time to come. As soon as your plane hits the tarmac of Tribhuwan International Airport, **Mountain Sherpa Trekking** office representative and driver will be on standby to meet and greet you at the airport and escort you to your hotel. The rep will help you check into your designated hotel, and after going to our rooms and refreshing ourselves we will be briefed about our daily activities. The rest of your time is free to move around the neighborhood and get familiar with your surroundings. In the evening we will meet our senior trek

guide who will brief the group about details related to our trek. Your first overnight in the ancient city of temples, probably the most in the world. Breakfast

Day 02:: Full Day sightseeing of Kathmandu City- Overnight stay at Hotel

After a good night's sleep and enjoying a hearty b/fast, we proceed for our tour of Basantapur Durbar Square. Recorded by UNESCO as a cultural World Heritage site, Kathmandu Durbar Square is a bunch of medieval temples, palaces, courtyards and streets that date back to the 12th and 18th centuries. within this square we will find Hanumandhoka Palace Museum, Taleju Temple, Kumari Ghar (House of the Living Goddess), Kasthamandap and other temples and buildings as old as the city itself; from here we head for a tour of the famous Boudhanath Stupa {said to be the largest in the world) and a major centre of Tibetan culture in Kathmandu. The stupa is designed to be like a giant mandala (a representation of the Buddhist cosmos).

We next drive down to Swayambhunath {**popularly known as Monkey Temple}** "Swayambhu" means **"self-created"** and refers to the myth that the hill sprung up suddenly from a great lake that once covered Kathmandu Valley. Our next destination is Pashupatinath Temple. This temple is dedicated to Hindu deity Lord Shiva and is said to be the most holy Hindu shrine in Nepal. We then wrap up our Heritage tour with a trip to Patan which is one of the three medieval cities in Kathmandu and a destination for connoisseurs of great arts. We return back to our hotel, refresh, and maybe do some shopping, have an early supper and retire to bed, most probably. Breakfast

Day 03:: Fly to Tumlingtar then drive to Chichira (1,980m/6497ft): 50 mins flight, 3-4 hours drive

We fly to Tumlingtar after breakfast and meet the rest of the crew members who will also be joining us for the trek. Next, we drive to Chichira, a small Gurung settlement. We take a rest at Chichira as we need to be prepared for the next day's trek. Overnight in Chichira.

Included meals: Breakfast Lunch Dinner

Day 04:: Chichira to Num (1,560m/5119ft): 6-7 hours

After breakfast, we move out of Khandbari, continuing along the trail which passes a crest, we walk a brief distance to reach the settlement of Mani Bhanjyang (1100m). We continue through fields, bamboo groves, and big rocks and climb a short distance to reach the Tamang village of Bhotebas (1740m). Beyond the village, the cultivated fields vanish as the trail climbs through trees to a pass at 1850 meters that offers nice views of Chamlang, Makalu and Jaljale Himal. We then descend a bit to the next ridge, and then follow the crest as it makes some ups and downs through a rhododendron forest to our next campsite at Chichila for the night. B. L. D

Day 05:: Num to Seduwa (1,500m/4922 ft): 6-7 hours

A steep descent through forests and terraced farms takes us to Barun River. We cross the river and follow an equally steep ascent up the other side again. Often quite hot - the forest on the valleys offer a bit of shade. This is where Makalu Barun National Park begins and where we register our permits. We camp right at the top of the village. Overnight in Seduwa.

Included meals:Breakfast Lunch Dinner

Day 06:: Seduwa to Tashigaon (2,100m/6890ft): 4-5 hours

Ascend the ridge bounded by the Ipsuwa Khola on the west and Kasuwa Khola to the east. Crossing the hillside through quiet villages and passing by small paddy fields, we reach the exotic village of Tashi Gaon. Once there, we are surrounded by breathtaking Himalayan panorama. Overnight in Tashigaon.

Included meals:Breakfast Lunch Dinner

Day 07:: Tashigaon to Khongma Danda (3,500m/11,483 ft): 6-7 hours

This will be a bit of a tough day as we have to walk on a steep trail in higher elevation. We will ascend through forests to a stream and then onto a ridge. From here the trail gets even steeper and passes a Kharka (grazing land) and finally follows a series of rough stone stairs and small lakes ascending to the top of the ridge. From here it's a short way down to Khongma Danda. Overnight in Khongma Danda.

Included meals:Breakfast Lunch Dinner

Day 08:: Rest at Khongma Danda to acclimatize

The day off will allow some bodily rest before we take on crossing of the Shipton La the next day. For those who wish to explore the nearby surrounding can walk around the area. Overnight in Khongma Danda.

Included meals:Breakfast Lunch Dinner

Day 09:: Khongma Danda to Dobate: 6-7 hours

Climb towards the summit of the Shipton La (pass) which takes a few hours to reach. After the lake Kalo Pokhari (3930m), pass over the Keke La at 4,170m. We can see the marvelous views of Chamlang (7321m), Peak 6 (6,524m) and Peak 7 (6,758m). After crossing the Keke La pass, we descend through the beautiful valley to Dobate. Overnight in Dobate.

Included meals:Breakfast Lunch Dinner

Day 10:: Dobate to Yangri Kharka (3,557m/11,670 ft): 6-7 hours

From Dobate, we pass through the rhododendron forest which leads to the Barun River and the upper reaches of the valley. We should be very careful during the first two hours of trek as the trail is steep and arduous. We then take a pleasant walk, slowly gaining altitude until we arrive at Yangri Kharka situated at the base of the valley. Overnight at Yangri Kharka.

Included meals:Breakfast Lunch Dinner

Day 11:: Yangri Kharka to Langmale Kharka: (4,410m/14,468ft): 5-6 hours

Following a moderate walk to the valley, we pass through yak pastures, lush forests and boulder fields. The valley walls tower imposingly above us during the start of the trek. We pass Merek as we make our way further up and notice a significant rise in the scenic Himalayan views. Overnight in Langmale Kharka.

Day 12:: Langmale Kharka to Makalu Base Camp: (4,870m/15,978ft): 6-7 hours

Today is the day we make it to the Base Camp. From Langmale Kharka we make our way up to Shershong and eventually to Makalu Base Camp. The trail is flat with icy glaciers and snow clad mountains accompanying us. Mount Makalu comes into view as we approach Shershong. As we make our way to the camp, we get to soak in the majestic Himalayan panorama surrounding us. Overnight at Makalu Base Camp. Included meals:Breakfast Lunch Dinner

Day 13:: Explore Makalu Base Camp

The Base Camp is a rocky barren place with the large Barun Glacier beyond it. From here we can see the magnificent south face of Makalu and the complete panorama of Everest and Lhotse. We can explore the surrounding lakes, glaciers and go for a short trek up where we may celebrate our accomplishment at the camp itself. Overnight at Makalu Base Camp.

Included meals:Breakfast Lunch Dinner

Day 14:: Makalu Base Camp to Yangri Kharka: 6-7 hours

We descend down from the base camp and take our last glimpse of Makalu before turning the corner and heading back. On our way down, we pass through Shershong, Langmale Kharka, Merek and descend down the valley finally stopping at Yangri Kharka. Overnight at Yangri Kharka.

Included meals:Breakfast Lunch Dinner

Day 15:: Yangri Kharka to Dobate: 6-7 hours

From Yangri Kharka we descend through rock falls, green forests and valley, making our way towards Dobate. We follow the river banks of Barun as we descend down the trail. Overnight at Dobate.

Included meals:Breakfast Lunch Dinner

Day 16:: Dobate to Khongma Danda: 5-6 hours

We begin the trek with steep climb from Dobate to Mumbuk (Nambuk) and through a forest of firs and rhododendrons. We then cross the Keke La, Tutu La (Shipton's Pass) and Kauma La en route. Next, we descend to Khongma Danda again. Overnight in Khongma Danda.

Included meals:Breakfast Lunch Dinner

Day 17:: Khongma Danda to Tashigaon: 4-5 hours

The trek continues with frequent long and steep descent cutting through the hillsides. The trail takes us through thick forests and finally making it to the indigenous Sherpa village of Tashigaon. Overnight in Tashigaon.

Included meals:Breakfast Lunch Dinner

Day 18:: Tashigaon to Seduwa: 4-5 hours

We retrace our steps as we exit the Makalu Barun National Park and descend down to the Barun River. We then cross the hillside and come across villages and settlements as we move further down finally stopping at Seduwa again. Overnight at Seduwa.

Included meals:Breakfast Lunch Dinner

Day 19:: Seduwa to Num: 5-6 hours

We leave Seduwa and trek through lush forests towards Num. The trail goes up and down and passes through dense forests and Sherpa villages as we move downwards. Overnight at Num.

Included meals:Breakfast Lunch Dinner

Day 20:: Num to Tumlingtar: 6-7 hours

Again we retrace our footsteps to Chichira from where we can savor the glorious vista of Mount Makalu for the last time. The final return leg of the trek will see us overnight at Tumlingtar, ready for an early departure to Kathmandu the following day. Overnight at Tumlingtar.

Included meals:Breakfast Lunch Dinner

Day 21:: Tumlingtar to Kathmandu: 50 mins flight

Today, we fly back to Kathmandu after our long trek in the mountains. We can rest and relax throughout the day at our hotel or get in touch with our loved ones. In the evening we celebrate our successful jouney to the Makalu base camp and back with a farewell dinner. Overnight in Kathmandu.

Included meals:Breakfast Dinner

Day 22:: Final departure

Our journey in Nepal comes to an end today! A Mountain Sherpa Trekking & Expeditiions representative will drop us off at the airport approximately 3 hours before our scheduled flight. On our way home, we will have plenty of time to plan our next adventure in the wonderful country of Nepal.

Included meals:Breakfast