

Lhasa to Kathmandu bike Tour

5 Star Hotel Package

3500^{USD} per person

*Including healthy meals

Trip Style: Biking Trip

Trip Difficulty: Tough



Lhasa to Kathmandu bike tour via Everest base camp is a great biking adventure through the highland and across even higher passes on the roof of the world. This epic 1,100 kilometers' expedition is an ultimate challenge of both mental and physical powers as well as an unforgettable voyage on which you can see the magnificent beauty of Himalaya and experience interesting Tibetan culture.

Nowadays biking from Lhasa to Kathmandu via Everest base camp is much easier than before because most of the roads are well paved and you can effortlessly get supply of food, drinks and lodging during your trip. If you booked you is Tibet biking tour with real professional tour operator then you should not worry about many things. Reliable and professional tour operators will take care of the whole details including itinerary, food, accommodation, guide, Tibet visa, flight, camping etc.

DURATION: 24 days

ITINERARY

day 01.: Arrive in Kathmandu, Visit Kathmandu Durbar Square

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day 02.: Biking from Kathmandu to Nagarkot (2,175 m/7,136 feet)

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day 03.: Ride from Nagarkot to Dhulikhel (1,600 m/5,249 feet)

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day 04.: Ride from Dhulikhel to Kathmandu vai Panuati

Ride from Dhulikhel to Kathmandu vai Panuati

day 05.: Flight to Lhasa Tibet & Transfer to Hotel

Flight to Lhasa Tibet & Transfer to Hotel

day 06.: Full day city sightseeing tour in Lhasa

Full day city sightseeing tour in Lhasa

day 07.: Lhasa Sightseeing - Drepung Monastery and Sera Monastery

Lhasa Sightseeing - Drepung Monastery and Sera Monastery

dat 08.: Bike from Lhasa City to the foot of Kamba-la Pass (85km)

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day 09.: Ride to Yamdrok Lake via Kamba La Pass (55 km)

Ride to Yamdrok Lake via Kamba La Pass (55 km)

day 10.: Biking from Yamdrok Lake to Karo La Pass Base (54 km)

Biking from Yamdrok Lake to Karo La Pass Base (54 km)

day 11.: Biking from Karo La Pass to Gyantse (86 km)

Biking from Karo La Pass to Gyantse (86 km)

Day 12.: Biking from Gyantse to Shigatse (94 km)

Today we bike from Gyantse to Shigatse, which is approx.94 km

day 13.: Bike from Shigatse to Gyachung Monastery (75 km)

Bike from Shigatse to Gyachung Monastery (75 km)

day 14.: Biking from Gyachung Monastery to Lhatse (95 km)

Biking from Gyachung Monastery to Lhatse (95 km)

day 15.: Biking from Lhatse - Shegar (75 km)

Biking from Lhatse - Shegar (75 km)

day 16.: Bike from Shegar to Rongbuk Valley (67km)

Bike from Shegar to Rongbuk Valley (67km)

day 17.: Bike to Rongbuk Monastery (35km)

Bike to Rongbuk Monastery (35km)

day 18.: Bike from Rongbuk Monastery to Everest Base Camp (16km)

Bike from Rongbuk Monastery to Everest Base Camp (16km)

day 19.: Bike from Rongbuk Monastery to Old Tingri (86km)

Bike from Rongbuk Monastery to Old Tingri (86km)

day 20.: Biking to before Peokutso Lake - Camping (approx. 73 KM)

Biking to before Peokutso Lake - Camping (approx. 73 KM)

day 21.: Cycling to the foot of Gontala Pass [74 KM Downhill Cycling] [4750 m]

Cycling to the foot of Gontala Pass [74 KM Downhill Cycling] [4750 m]

day 22.: Cycling to Kerong Town (110 KM)

Cycling to Kerong Town (110 KM)

day 23.: Morning biking till Syurbesi [45 KM] and drive back to Kathmandu.

Morning Mountain Biking to till Syurbesi [45 KM] and drive back to Kathmandu.

day 24.: Departure from Kathmandu to Home

Depart from Kathmandu