# Kathmandu and Pokhara Tour

3 Star Hotel Package 870<sup>USD</sup> per person

\*Including healthy meals



**Trip Style:** Cultural & nature Tour

Trip Difficulty: Easy + Leisure

A tour around Kathmandu and Pokhara the main beauties of Nepal. You will have time to explore Kathmandu and its valley, before heading to Pokhara and emerald lakes. You will take a big bowl of serenity in Pokhara. Here is a high quality program, dense, without being exhausting. Lakes make pokhara an important resort town and its proximity to the mountains of Annapurna in fact a popular destination. In the North, the outskirts of the city touches the foot of the Annapurna range and the mountains that dominates the entire horizon and are a source of contemplation and admiration. No other city in Nepal also offers stunning views of the high peaks of the Himalayas. Pokhara offers a relaxing atmosphere where you will have the opportunity in fine weather with little chance to even be reflected in the background, in the clear water of the lakes, the peaks of Annapurna and Dhaulagiri

Nepal possessed a splendid nature and rich culture. Discover two different regions: Kathmandu and Pokhara in this tour. You will have the opportunity to discover the history, fascinating art, architecture, and of course, the art of living and traditions and culture of the inhabitants. The great diversity of peoples, their culture, language and tradition is very interesting! The two predominant religions, Hinduism and Buddhism are always present with the variety of gods and goddess, numerous temples, stupas, monasteries. The breathtaking scenery of Annapurna Range, the city of lakes, is blessed with beauty and remarkable extreme nature, the place is famous for the center of the adventure, the ideal place to relax and magnificence of the Himalayas. There is also another experience with a day of rafting in the Trisuli River. This river is simple and easy to negotiate. This is an ideal river for those who like to go on a short tour without the huge rapids challenge, but with some rapids that are really exciting, with beautiful scenery and a relatively quiet environment.

DURATION: 6 days

## ITINERARY

## Day 01:: Arrival at Kathmandu airport and Transfer to hotel (1,345m)

Our airport representative will welcome you at the airport and transfer to your hotel on a private tourist vehicle. Check in hotel, get refreshed from long travel. We arrange meeting as per your prefer time and give you full briefing about tour. Evening welcome dinner at Nepali typical restaurant is included.

## What's Included: Airport pickup, Welcome Dinner & accommodation

## Day 02:: Full day city Sightseeing of Kathmandu Valley & fly to Pokhara Overnight Stay at Hotel

A.M.: Sightseeing tour of Kathmandu city including the old Durbar square -protected as an UNESCO world Heritage Site, Old Royal Palace, the Temple of the Living Goddess as well as Kasthamandup - a temple built from a single tree from which the city of Kathmandu derives its name. Swayambhunath - the oldest Buddhist shrine, looking east from here one can see the entire Kathmandu valley spread out below.

P.M.: Sightseeing tour of Pasupatinath Temple - the most sacred of the Hindu temples in Nepal dedicated to Lord

Shiva built in 1696. Pasupatinath draws thousands of pilgrims every year and devotees from all over the world. We continue on to Boudhanath - the world's largest stupa, it looms 36 meters high and presents one of the most fascinating specimens of stupa design. Pasupatinath and Boudhanath are also listed in the UNESCO World Heritage Site.

We will drive to Airport and fly to Pokhara & Transfer to Sarangkot, which is best place to watch the sunrise over a Himalayan panorama  $\cdot$ 

#### What's included: breakfast, tour, accommodation

#### Day 03:: Full day city Sightseeing in Pokhara. Overnight Stay at Hotel[ Breakfast]

Early morning enjoy the breathtaking views of the sunrise atop **Sarangkot** Hill ,the sunrise over Annapurna and close views of many mountains like Annapurna range, Dhaulagiri, Fishtail, including views of the beautiful Pokhara Valley and Phewa Lake. After having our breakfast at Sarangkot, its 40 minutes drive to the hotel in Pokhara. We check in our hotel & The rest of the day sightseeing tour of Pokhara consists of:

**Davis fall:**Locally known as Patale Chhango and in the southern flank of the Pokhara valley, it is where the stream flowing from Fewa Lake collapses and surges down the rock into a deep gorge, leaping through several potholes. This is hugely popular with tourists and locals alike.

**Gupteshwor Cave**: The revered Gupteshwor Cave is situated 2 kms from Pokhara airport. The entrance is right across from Davis fall and the cave is almost 3 kms long. It has some big hall-sized rooms and some passages where you have to crawl on all four. This cave holds special value to Hindus since a phallic symbol of Lord Shiva is preserved here in the condition it was discovered.

**Tibetan Refugee Camps:** The Tibetan village Tashiling in the south and the Tashi Palkhel village in the north of Pokhara are renowned for the production and trade of woolen carpets and other handicrafts. The original Tibetan settlers in this region arrived **arrived in 1959-60.** 

**Mountain Museum:** The International Mountain Museum in Pokhara has a stunning collection of artifacts, original gears, stories and photographs of the mountains & their inhabitants.

**Phewa Lake and Barahi Temple:**Situated at an altitude of 800m above sea level, it is the second largest lake in the kingdom. With the Barahi Island Temple in the middle of the lake, it is the most important religious monument in Pokhara. Built almost in the middle of Phewa Lake, this two-storeyed pagoda is dedicated to the female force Shakti. The reflection of Mt. Machhapuchhare and Annapurna can be seen in its serene water. Thick forest lies on the adjoining southern slopes of the lake.

Overnight Stay in Pokhara.

#### What's Included: breakfast, tour, accommodation

#### Day 04:: Hike Shanti Stupa and visit Begnas lake and Rupa Lake. Overnight stay in Pokhara

After breakfast, We take boat ride to other side of the Phewa lake & we will start your hike to the Peace Pagoda. This is a 6.5 km hike in Pumdi Bhumdi, west east of Nepal. It takes nearly 2 hours and has a maximum elevation of 1098 m. Reach the hilltop of the Peace Pagoda. Enjoy the panoramic view of Fewa Lake, Pokhara City and lofty Himalayas.After this hike, we will drive to visit Beganas & Rupa Lake by private vehicle. It will take about 30-40 minute to reach this beautiful lake. Begnas Lake is a freshwater lake in Pokhara Lekhnath Metropolis of Kaski district of Nepal located in the southeast of the Pokhara Valley. The lake is the third largest lake of Nepal and second largest, after Phewa Lake, among the eight lakes in Pokhara Valley.

Rupa Lake or Rupa Tal is a freshwater lake in Nepal situated in the Pokhara metropolian city. It is the third biggest

lake in Pokhara valley of Nepal and at a height of 600 m (1,969 ft) covering area about 1.35 km2 (0.5 sq mi) with an average water depth 3 m and maximum depth 6 m.

After returning to Pokhara, you have the afternoon and the evening to stroll along the streets of Lake-Side for some last-minute shopping. Evening enjoy your dinner in a typical Nepalese restaurant with cultural performances.

#### What's included: breakfast, dinner, tour, accommodation

#### Day 05: : Fly to Kathmandu & Tour of Bhaktapur and Patan City. Overnight stay in Kathmandu

After having our breakfast, you will transfer to Pokhara airport to fly Kathmandu. Once you arrive Kathmandu, we will drive to Bhaktapur city for sightseeing, which takes about 45 minute.

Sightseeing of Bhaktapur city - Kathmandu valley's most medieval city also known as Bhadgaon, is situated about 10 miles east of Kathmandu and was one of the three kingdoms of the Mallas. Here one will visit the Lion Gate, the Picture Gallery, the Golden Gate and the Palace, which shows off the Newari craftsmanship of, carved wooden windows and latticework.

We also visit Patan city and its temple and surrounding Areas. You will make continue tour Patan City( city famous for fine Arts).this religious journey, your will be guided along the interesting places around Patan like Patan Durbar Square, Mahaboudha Temple, Kumbeshwor temple, Krishna Temple, Golden Temple etc.After the tour we will drive back to Kathmandu.

Overnight stay in Kathmandu

#### What's Included: breakfast, transfer

#### Day 06:: Drive to Airport for final departure to home [Breakfast included]

Our rep and office vehicle will be on standby at your hotel to transfer you to the airport for your connecting flight home. Serving you was a wonderful joy and pleasure, we at **Mountain Sherpa Trekking and Expeditions** will cherish the bonds of our relationship created over the time you spent with us and we thank you for choosing us as your travel partner and for visiting this amazing country Nepal. Sayonara friends! Till we meet again.

## **Cost Includes**

#### **Transports & Accommodations**

- Private Transfers upon arrival and departure
- Kathmandu- Pokhara by private Car Transfer
- Pokhara-Kathmandu by private Car Transfer
- Best hotels accommodation as specified in Itinerary
- Private Car during city Tour and ground transfer

#### **Meals & Drinks**

- Daily hygienic breakfast in city as specified in Itinerary
- Welcome dinner at best local restaurant with cultural show
- High quality Natural Mineral Water during whole tour
- Welcome drinks and 2 lunches

## Service & Support

- English Speaking Local Tour Director & Local Guides
- Airport Meet and Greet with Private Transfers
- Free extra luggage storage service
- Free help to get SIM Card, currency exchange etc

## **Pays & Entrance Fees**

- Pay and insurance for guides and drivers
- Entrance fees to historic sites, temples and monuments
- Allowance for Tour guide and driver
- Guide & driver's food and accommodation.

## **Additional Service**

- We help you, if an airline loses your luggage, or delayed
- International flight ticket Reconfirmation service if required
- We help our clients to buy souvenirs at wholesale price
- We show you around local areas, recommend to eat etc

## **Included Tour Destination**

- Kathmandu: Nepal largest city with full of historic site
- Pokhara: Nepal's major lake city & door to the Mountains

## WHAT'S NOT INCLUDED

- International Airfare and Nepal Visa fee
- Travel insurance for emergency and trip Cancellation
- Lunch & Dinner in City (approximately \$ 5-10 Per Meal)
- Any Alcoholic Drinks & Gratitude for Guide & driver