

Himlung Himal Expedition

3 Star Hotel Package

8470^{USD}
per person

*Including healthy meals

5 Star Hotel Package

8700^{USD}
per person

*Including healthy meals

Trip Style: Trekking + Climbing



Trip Difficulty: Tough

Himlung Himal Expedition (7,126m/23,345ft) is one of the newly opened mountains for climbing and is situated between Manaslu and Annapurna ranges. This journey takes you across remote villages of Nepal and Tibet border. Passing through two fascinating Tibetan settlements of Nar and Phu. Base camp will be established at the height of 4900m. Usually three high camps will be established to reach the Summit. Camp I at the height of 5450m, Camp II at 6000m and Camp III at 6350m. The last part of the highpoint contains steep and icy way. Normally it takes ten to fifteen days to conquer **Himlung** Peak and back to the base camp.

After being opened to climbers in 1992, it was first climbed by the Japanese team in the same year. Until now, only few teams have been achieved to climb at its top. Among these one team was Japanese and the rest were from other countries. Though being easy as compared to other peaks, climbing to Himlung Peak demand high fitness level. Himlung Himal is splendid peak in isolation with an awesome explorations trek to the top. Each year Mountain Sherpa Trekking & Expeditions organize large number of succeeding **expedition of Mt. Himlung**. As a Sherpa company, During the **Himlung Expeditions** we always employee experienced mountain Sherpa guides, who have at least 10 years guiding experience. We always focus on our guest safety, good health, great experience & successful summit. Our success is also centered in teamwork and clear communication amongst our team members.

DURATION: 32 days

ITINERARY

Day 01:: Arrival Kathmandu- Transfer to Hotel

In a clear day, you will fly into Kathmandu. During the flight, from the windows you will witness glimmering snow-topped peaks extended down giving us the first joy of our trip which is unforgettable experiences. As soon as you will land at Tribhuvan International Airport, **Mountain Sherpa Trekking and Expeditions** office representative will receive at the airport and accompany you to your hotel. The representative will aid you to check into your selected hotel, and after you move to your rooms and refresh yourselves we will be shortly briefed about our everyday activities. The remaining time is open to move around and get familiar with your setting. In the evening, we will meet up our senior trek guide who will brief the group about facts related to our trek. Overnight at hotel

Day 02:: Rest in Kathmandu, Expedition Preparations, briefing and meeting with guides and member

Day 03:: Kathmandu – Besisahar drive by Private Vehicle- Lodge all Meals included.

Day 04:: Drive to Syange by Jeep -Trek to Chamje (1410M/4626ft) - Approx 5/6 hrs- Lodge [B/L/D]

Day 05:: Trek from Chamje to Dharapani (1,960m/6,430ft) Approx. 5/6 hrs - Lodge

Day 06:: Trek to Koto (2,610m/8,563ft): 5-6 hours Overnight Stay at Lodge

Day 07:: Trek from Koto to Meta (3,560m/11,680ft): 7-8 hours Overnight Stay at Lodge

Day 08:: Trek from Meta to Phu Gaon (4,250m/13,944ft): 7-8 hours

Day 09:: Acclimatisation day at Phu Gaon, visit monastery of Tashi Lhakang overnight stay at lodge.

Day 10:: Trek from Trek from Phu Gaun to Himlung base camp (4900m)

Day 11:: Day 11 to Day 26 [Climbing Period: Base Camp – Himlung Summit (7126m) - Basecamp]

Day 27:: Trek from Base Camp to Phu Gaun: Camping

Day 28:: Trek from Phu Gaun to Meta (3560m): Lodge/ Camping

Day 29:: Trek from Meta to Koto (2600m)- Lodge

Day 30:: Drive from Koto to Besisahar (760m). Overnight stay in Lodge

Day 31:: Drive from Besisahar to Kathmandu & transfer to the Hotel

Day 32:: Leisure and Rest day in Kathmandu City- Hotel

Day 33:: Transfer to International Airport for final departure