Hiking around Kathmandu Valley

3 Star Hotel Package

599USD per person

*Including healthy meals

5 Star Hotel Package

899USD per person

*Including healthy meals

Trip Style: Culture+Hike+Village

Trip Difficulty: Moderate

This tranquil valley ridge **hiking** on the rims of the ancient capital of Nepal takes you through quiet forests and bustling villages in the Shivapuri Valley and then up to Shivapuri Hill at (2729m), the highest point on this trek. And then at the peak of the Shivapuri hillock, it's a mountainous galore of over 60 soaring mountain peaks, which include Manaslu, Boudha Himal, Ganesh Himal, Langtang range, Dorje Lakpa, Shisapangma, and Gaurishankar, your heart skips a beat with what you see from here. We then gently hike up to the quiet little hill resort of Nagarkot, a key scenic location considered to be one of the best on the ridges of the ancient Kathmandu Valley with superior views of the great Himalayan peaks.

Most tourists making a beeline to Nepal head into the mountains seemingly, with blinkers on, and don't seem to realize that a trip above 3000m could actually start right from the rims of the Kathmandu valley where there's so much to enjoy besides preparing for the larger trip; the **hiking around Kathmandu valley ridge** would be ideal to start with the family or friends and then a second visit could be done for the higher altitudes. This sojourn makes up a 5-day sublime hike encompassing the hills of **Kathmandu valley** and grandstand spots with box office views of the Himalaya Mountains. The landscapes travel as far as the eyes can see with Manaslu and Annapurnas in the west to horizons of the pyramid of Mt. Everest, Number Himal, and Karyolung in the east. The views are wonderfully dissimilar from each destination on the trek from Nagarkot to Lakuri Bhanjyang where each spot gives us distinct angles and perceptions on the Himalayas within Nepal. It's a great experience…

Our vacation also includes visiting religious and heritage sites of the **Kathmandu valley** and walking into less frequented rural areas that have ochre-colored farmhouses, our **hiking and trekking** takes us through rice terraces, orange orchards, and shady forests that engulf us with greenery. Our brilliant gentle trek wraps up with a downhill trail to the aged town of Bhaktapur not far from Kathmandu valley. Your nights on the trail are spent in real comfortable hotels/ resorts and your luggage to the next hotel will be with you in a private car. We also offer options to use our vehicle if you prefer to drive sections of the trail rather than **hiking** it down each day; we do this especially for those with kids and pretty small to hike for several hours each day. **Mountain Sherpa Trekking & Expeditions** is a seasoned operator who thinks of most things suitable for a vacation more than others do, your comforts and safety are of vital importance to us**…**

DURATION: 08 days

ITINERARY

Day 01: : Arrival in Kathmandu and transfer to hotel

If it's a clear day when you are flying into Kathmandu, then your tour begins right from the skies itself. The sights from the windows of our jet show us glimmering snow-capped mountain peaks spread out down below us, giving us the first thrills of our just begun vacation, sparking off a whole reaction of unforgettable experiences that stay with us for some time to come. As soon as your plane hits the tarmac of Tribhuwan International Airport, **Mountain Sherpa Trekking and expeditions** office representative and driver will be on standby to meet and greet you at the airport and escort you to your hotel. The rep will help you check into your designated hotel, and after

going to our rooms and refreshing ourselves we will be briefed about our daily activities. The rest of your time is free to move around the neighborhood and get familiar with your surroundings. Your first overnight in the ancient city of temples, probably the most in the world. Welcome dinner

Day 02:: Full Day sightseeing of Kathmandu city- Overnight stay at hotel

After a good night's sleep and enjoying a hearty b/fast, we proceed for our tour of Basantapur Durbar Square. Recorded by UNESCO as a cultural World Heritage site, Kathmandu Durbar Square is a bunch of medieval temples, palaces, courtyards, and streets that date back to the 12th and 18th centuries. within this square we will find Hanumandhoka Palace Museum, Taleju Temple, Kumari Ghar (House of the Living Goddess), Kasthamandap and other temples and buildings as old as the city itself; from here we head for a tour of the famous Boudhanath Stupa {said to be the largest in the world) and a major center of Tibetan culture in Kathmandu. The stupa is designed to be like a giant mandala (a representation of the Buddhist cosmos).

We next drive down to Swayambhunath **popularly known as Monkey Temple** "Swayambhu" means **"self-created"** and refers to the myth that the hill sprung up suddenly from a great lake that once covered Kathmandu Valley. Our next destination is Pashupatinath Temple. This temple is dedicated to the Hindu deity Lord Shiva and is said to be the holiest Hindu shrine in Nepal. Hereabouts we see a cremation ritual of Hindus at 'Aryaghat', the cremation area of the temple. This cremation site is used for the once royal family of Nepal and also for the simple Nepalese people who live within the country. We then wrap up our Heritage tour with a trip to Patan which is one of the three medieval cities in Kathmandu and a destination for connoisseurs of great arts. We take a tour of Patan Durbar Square - a UNESCO World Heritage Site. Located in the square is the Patan Museum (originally a Malla palace), Krishna Mandir- a stone temple of Lord Krishna with its 21 spires and art that displays scenes from the Mahabharata and Ramayana epics, this includes the Royal Bath or 'Tushahity' and the nearby Hindu and Buddhist temples. We return back to our hotel, refresh, do some shopping, have an early supper, and retire to bed, most probably. Breakfast

Day 03:: Drive to Sundarijal & Trek to Chisopani (2100m.)- Lodge: all Meals included

After having our breakfast, we drive to Sundarijal (1350m) by private vehicle for about 45 minutes and trek up to Chisopani (2100m.) all this takes about 5 hours. The cobblestone road from Kathmandu turns into a trail near a small hydroelectric plant. The trail will enter through the Shivpuri Watershed and Wildlife Reserve. The first settlement we bump into is Mulkharka inhabited by the ethnic Tamang community. The route heads down the ridge through a forest of oaks and rhododendron to Chisopani at (2100m.). We spend our night in a pretty local lodge in Chisopani.

Day 04:: Trek from Chisopani to Nagarkot (2,175M) Approx.: 5-6 hrs - Lodge - all meals included

In the morning after b/fast, amidst the chirping of birds, our eyes slowly take in the northern mountain views. Our hike begins at Chauki Bhanjyang, which takes about 6-7 hours. We continue on the meandering trails which take us toward Nagarkot. Nagarkot at (2175m.) is by far one of the most loved destinations for honeymooners and those who love the serene quietness that comes with nature. On a clear weather day, the Himalaya ranges stretching from Dhaulagiri in the west all the way past Everest to Kanchanjunga in the east emerges from the darkness to greet the happy visitors with the setting and rising of the sun from Nagarkot, which is a spectacular magical sight from this peaceful hill resort with its gracious majesty and beauty. We spend the night at our resort in Nagarkot – B. L. D

Day 05:: Trek from Nagarkot to Dhulikhel (1,4400m) – 6 hrs- Lodge- all meals included

After enjoying a stunning sunrise view over the Himalayas, we enjoy a hearty breakfast and set out for a gentle walk across the hills past terraced farmlands and lushly green landscapes to the quiet little historical town of Dhulikhel, an ancient town which is more than 500 years old. Its Newar community is known for its artistry, and most of the real old houses hereabouts feature carved window frames throughout the town. There are many temples and sacred statues that speak of the religious feelings of the people in this hamlet. We spend the night at a resort in quiet Dhulikhel.

Day 06: : Trek Balthali Village vai namobuddha – 5-6 hrs- Eco Lodge- all Meals included

After having breakfast with a stunning Himalayas view, we start our walk downhill to the beautiful villages via Namobuddha. We stop for lunch Namobuddha. It is only small, but it is very popular to Tibetan Buddhists, as it commemorates Siddhartha Gautam's act of offering his body to a hungry tigress, which is said to have contributed to his ability to achieve enlightenment and, ultimately, Buddha-hood. A short walk above the stupa is the newly built Tibetan Buddhist monastery perched on the hilltop. From here, continue walking through fields and orchards to the quiet village of Balthali. Here again, there are amazing views of the mountains, farmland, and villages. Overnight at the Balthali Village Resort

Day 07: : Explore around balthali village the drive to Kathmandu Vai Panauti

After having our delicious breakfast at the resort. Then hike towards a joint river where you will see a water mill and **Ladkeshwor Temple** situated inside the cave. Then hike forward to Nepane Village (authentic Tamang Village), after discovering the lifestyle of a typical Tamang community, move down to Ladku river and then back to the resort. after having our Lunch at the resort we return towards Khopasi crossing a suspension bridge. On the return, we pass the old medieval town of Panauti. you will visit the old town of Panauti on the way back to Kathmandu.

On reaching Kathmandu, our day is free to do our own things. Should you like to opt for other programs, there's so much on hand at Mountain Sherpa Trekking, we can organize some adventure activities like rafting, bungy jumping, mountain flights, mountain biking, or a trip into the jungles of eastern Nepal for an exotic jungle safari, you can also opt for a trip across the borders into Tibet or Bhutan. Let us know your thoughts, don't worry about your budgets because our prices are truly pocket-friendly.

Day 08: : Drive to the Airport to head back to that lovely place we call 'home''

Wake this morning rested in Kathmandu and relax over a leisurely breakfast at the hotel. Our guide and office vehicle will pick you up at your hotel to transfer you to the airport for your flight back home.

Serving you was an incredible joy and pleasure, we at Mountain Sherpa Trekking & Expeditions will appreciate the links of our relationship built over the time you spent with us, and we thank you for choosing us as your travel partner and for visiting our beautiful country Nepal.

Meals Included: Breakfast