Gosaikunda lake trek

3 Star Hotel Package

1200USD per person

*Including healthy meals

5 Star Hotel Package

1570USD per person

*Including healthy meals

Trip Style: Cultural Tour+ Trek

Trip Difficulty: Moderate +2

The **Gosaikunda Trek** is a captivating journey through exquisite meadows, challenging the Laurebina La at 4,610m (15,120 ft.), and reaching the sacred **Gosaikunda Lake**. Located in the Langtang region north of Kathmandu, this short trek offers insights into the local way of life. With fewer footfalls than other regions, it's stunning in autumn with clear skies and breathtaking views of Langtang Lirung. In spring, the trails come alive with rare birds and vibrant flowers. The trek includes glaciers below Langtang Lirung, offering vistas of Kyanjin Ri or Tsergo Ri. The journey also takes you through an alpine plateau with views of Langtang and Ganesh Himal. Crossing Laurebina La pass adorned with Buddhist prayer flags, the descent to Gul Bhanjyang reveals exclusive views.

DURATION: 11 days

ITINERARY

Day 01: : Arrive Kathmandu 1,400 meters/4,600 feet transfer to hotel

If it’s a clear day when you are flying into Kathmandu, then your tour begins right from the skies itself. The sights from the windows of our jet shows us glimmering snow-capped mountain peaks spread out down below us, giving us the first thrills of our just begun vacation, sparking off a whole reaction of unforgettable experiences that stay with us for some time to come. As soon as your plane hits the tarmac of Tribhuwan International Airport, **Mountain Sherpa trekking and expeditions**office representative and driver will be on standby to meet and greet you at the airport and escort you to your hotel. The rep will help you check into your designated hotel, and after going to our rooms and refreshing ourselves we will be briefed about our daily activities. The rest of your time is free to move around the neighborhood and get familiar with your surroundings. Your first overnight in the ancient city of temples, probably the most in the world. Breakfast

Day 02:: Half Day city tour of Kathmandu -overnight at Hotel (B/B)

After a good night’s sleep and enjoying a hearty b/fast, we proceed for our tour of Basantapur Durbar Square. Recorded by UNESCO as a cultural World Heritage site, Kathmandu Durbar Square is a bunch of medieval temples, palaces, courtyards and streets that date back to the 12th and 18th centuries. within this square we will find Hanumandhoka Palace Museum, Taleju Temple, Kumari Ghar (House of the Living Goddess), Kasthamandap and other temples and buildings as old as the city itself; from here we head for a tour of the famous Boudhanath Stupa {said to be the largest in the world) and a major centre of Tibetan culture in Kathmandu. The stupa is designed to be like a giant mandala (a representation of the Buddhist cosmos).

We next drive down to Swayambhunath {**popularly known as Monkey Temple}** “Swayambhu” means **“self-created”** and refers to the myth that the hill sprung up suddenly from a great lake that once covered Kathmandu Valley. Our next destination is Pashupatinath Temple. This temple is dedicated to Hindu deity Lord Shiva and is said to be the most holy Hindu shrine in Nepal. Hereabouts we see a cremation ritual of Hindus at ‘Aryaghat’, the cremation area of the temple. This cremation site is used for the once royal family of Nepal and also for the simple Nepalese people who live within the country. We return back to our hotel, refresh, buy any necessary things we

may need for our trek the next day, have an early supper and retire to bed, most probably. Breakfast

Day 03:: Drive to Dhunche by 4WD Jeep 2,030m/6,660 ft).-Lodge

After an early b/fast, we set out for a scenic drive from Kathmandu to Dhunche, Dhunche is a lively town and trading post that's important for the local folks in this area who need to buy their essential commodities and a government office expedites paperwork sometimes necessary for the local folks for any purchase of land or business enterprise they would like to start. We head north out of Kathmandu driving through scenic foothills and ridgeline vistas to Dhunche. Stay overnight in a teahouse lodge. B. L. D

Day 04:: Trek to Sing Gompa (3584m) - Overnight at Lodge (B/L/D)

The trails from Dhunche to Foprang Danda (3,200m) goes by a steep ascent route passing through Dursagang (2,660m) along with splendid views of Langtang Himal, Ganesh Himal, Tibetan Mountains nearby, Hemlock and lush forests. Now the path gently ascends for a while then it follows a flat level to Sing Gompa. Hereabouts we will find a well managed local cheese factory and a Buddhist Monastery. We can sample some of the fresh cheese we see here. Sing gompa provides delightful views, elating nature and a yak cheese factory. The cheese manufactured here is considered to be the best in Nepal. Overnight at our lodge – B. L. D

Day 05:: Trek to Gosainkund (4381m) - Overnight at Lodge (B/L/D)

Initially, our trail emerges and we gradually climb up to Laurebinayak. With a steep ascent all the way to Gosainkunda, we follow a roughshod trail with theatrical views of the Manaslu range, Ganesh Himal range, Tibetan peaks and Langtang Lirung. On a great clear day, even the Annapurna range can be seen rising up from behind. We pass a few huts in the high pastures of Laurebinayak, cross a small ridge and enjoy our first views of the holy lake of Gosainkunda. There is something like a dozen lakes in the Gosainkunda Basin - the three most telling ones are Saraswatikunda, Bhairabkunda and Gosainkunda. As per mythological stories, Gosainkunda was created by Lord Shiva when he pierced a glacier with his trident to obtain water to quench his thirst after swallowing poison that threatened to destroy the world. This is where we bunk out for the night in our lodge; it's a nice place to spend the night. B. L. D

Day 06:: Cross Lauribinayak pass 4,609 m & trek to Ghopte 3,430m

Our trail heads out of Gosaikunda after b/fast amidst the sweet chirping of birds and climbs through rugged territory, past four small lakes to the Laurebina La at (4,610m), this is where we peak on our trek. We keep looking back at the stunning views of Manaslu and the mountain of the Ganesh Himal, as well as the now familiar Langtang Lirung that never tires our eyes. We then descend steeply to our lodge near Ghopte. This is where we crash out for the night. B. L. D

Day 07: : Trek to Tharepati (3600m) –Overnight at Lodge (B/L/D) 6 hrs

We hike below Ghopte on a steep trail mostly through fir and rhododendron forest where there are no permanent settlements. The trek continues to Yurin Danda with magnificent views of the Himalayas. Finally, we arrive at Tharepati for our overnight stay in our lodge - B. L. D

Day 08: : Trek to Gul Bhanjyang (2492m)-Overnight at Lodge (B/L/D)

The trail here, with brilliant open views and a gentle downhill start our 8th day of the journey. We pass through the village of Pati Bhanjyang at a pass over the ridge. We contour around the next hill on the ridge and then start a steep climb to the village of Chipling. A further climb again after the village, up a steep stone staircase, takes us over the next hill on the ridge, passing through shady forest before descending the main ridge to Gul Bhanjyang at (2492m.). On the way we pass a couple of large 'chorten', indicating that we are already crossing into Buddhist land. Gul Bhanjyang is a charming, classic hill village and is also situated at a pass on the ridge. We will haul up hereabouts for the night or further up the next climb - 'Dragon Lodge' and our campsite here is serene and gives us

grandstand views of the ancient valley of Kathmandu. B. L. D

Day 09:: Trek to Chisopani (2194m) Overnight at Lodge (B/L/D) - 3-4 hrs

From Gul Bhanjyang, it is an easy climb to cross a pass at 2492m before descending to Pati Bhanjyang, a large Tamang village. From here it is a 3 hour hike to Chisopani. A short distance above Chisopani is a high knoll which is known as Chisopani Danda, where there is a temple. We get splendid mountain views from here. The landscape spreads from the mountains south of Everest to the Manaslu range. Overnight in our lodge – B. L. D

Day 10: : Trek to Sundarijal (1463m) & drive back to Kathmandu

From Chisopani the trail passes through meadows and cultivated fields then climbs through oak and rhododendron forest to Burlang Bhanjyang. From here there are brilliant views, from Annapurna in the west to Ganesh Himal and Numbur in the east. This ridge marks the northern rim of the Kathmandu Valley. Just after Chisopani there is an entrance to Shivapuri watershed and wildlife reserve. The trail goes through the reserve, moving up to the hill and down to Mulkharka, from which you can already see Kathmandu. From Mulkharka, we descend on endless stairs to the exit from the reserve and to Sundarijal from where we get on to our vehicle for a 45 minute drive back to Kathmandu and a warm soft bed. B. L

Day 11: : Transfer to the Airport and fly back to home from Nepal

After b/fast, our rep and office vehicle will be on standby at our hotel to transfer us to the airport for our connecting flight home. Serving you was a wonderful joy and pleasure, we at Mountain Sherpa Trekking and expeditions will cherish the bonds of our relationship created over the time you spent with us and we thank you for choosing us as your travel partner and for visiting this amazing country Nepal. We are sure that trekking in this beautiful region of Langtang will give you lifetime memories of a vacation well enjoyed. Sayonara friends! Till we meet again. Breakfast