# Chulu west peak climbing-19 Days (all-inclusive)

3 Star Hotel Package

 $2670^{\scriptscriptstyle 
m USD}$  per per

\*Including healthy meals

5 Star Hotel Package

2870<sup>USD</sup>

per perso

\*Including healthy meals

**Trip Style:** Culture + Trek + Climb **Trip Difficulty:** Demanding

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Gets the awesome experience of **Chulu West (6419m) peak climbing!** This is the higher one among the two Chulu East and the central. Chulu West peak is located in a small valley to northern part of Manang and falls distant from the main way to the Thorung La. You will be rewarded with the awesome views Dhaulagiri, Annapurna, Nilgiri, and other enormous peaks while climbing the Chulu West. To climb the peak all you need to have is a good physical state, higher level of strength and the enthusiasm to climb. Chulu West Peak expedition, unquestionably offers an appealing peak climbing chance for those seeking for an exciting adventure in the Annapurna Region.

**Chulu west peak climbing** trip begins from Besisahar after around 6 hours drive from Kathmandu and then the path ascend slowly to Manang valley located at an elevation of 5000m. And, from the valley the trail leads to the north direction to the Chulu West Base camp. Above the base camp some vertical movable rock which demands for some fixing of ropes. We will also traverse the well-known Throng-La pass (5416M) and then trek down to Jomsom (2750m). There is no technical complexity in getting to the summit of Chulu West but ascend can be time-consuming depending on the weather.

Chulu West peak, a part of Manang Himal is rather specifically incorporated in the bigger Damodar Himal. And along with the awe-inspiring views of Himalayas, from the north to south direction, you will be greeted by the wonderful river views of- Hunlung Khola, Phu Khola as well as Nar Khola. Specifically, to the South, the region is attached with the Marsyangdi River and the Mesokanta La pass. This 19 days Chulu West Expedition takes you to the maximum altitude of 6419m. Tentatively, you will walk 6 hours per day. The best seasons for **Chulu West Peak Climb** are autumn in between mid September and November and spring from Mid March to May.

DURATION: 19 days

## **ITINERARY**

#### Day 01:: ARRIVE KATHMANDU, NEPAL | Transfer to best Hotel

On a clear day, you'll fly into Kathmandu, where from the windows of the aircraft, you'll witness the breathtaking sight of snow-capped peaks glistening in the sunlight. This awe-inspiring view sets the tone for our unforgettable journey ahead. Upon landing at Tribhuvan International Airport, a representative from Mountain Sherpa Trekking and Expeditions will be there to greet you and escort you to your hotel. They'll assist with check-in, and once you've settled into your chosen accommodation and freshened up, we'll gather for a brief overview of our daily activities. The remainder of the day is yours to explore and acclimate to your surroundings. In the evening, we'll convene with our senior climbing Sherpa guide, who will provide essential information about our upcoming expedition. Enjoy your overnight stay at the hotel.

# Day 02:: KATHMANDU | Half day city tour and Preparation

Today, after a restful night's sleep at one of Kathmandu's luxury hotels, you'll kick off your day with an Americanstyle breakfast. Then, our guide and tour guide will pick you up for a half-day tour of Kathmandu city. The tour includes a visit to the Monkey Temple, also known as Swayambhunath, followed by exploration of UNESCO World Heritage sites, including Durbar Square. Here, you'll be captivated by attractions such as Hanuman Dhoka Palace and Kumari Ghar, home to the Living Goddess - Kumari. You'll also have the opportunity to visit numerous temples in Kathmandu Durbar Square. Afterward, we'll proceed to Boudhanath, one of the world's largest stupas, where you'll enjoy a lunch break at a rooftop restaurant. Following the tour, you'll return to the hotel to check your gear. Our Sherpa climbing guide will assist you in checking your climbing gear, and if necessary, you can purchase any additional items at Thamel, where our guide will be available to help.

# Day 03:: DRIVE TO BESISAHAR | Private Car Transportation

Start your day with a hearty buffet breakfast at the hotel, fueling up before we set out on a picturesque drive heading westward to the starting point of our trek. Accompanied by our experienced Sherpa guide and team, we'll journey for approximately 3 hours until we reach the quaint settlement of Mugling, where we'll make a pit stop for an early lunch at a roadside restaurant. Continuing our expedition, we'll make our way to the charming town of Dumre, nestled beside the Marsyangdi River. The scenic drive spans about 185 km and takes roughly 6 hours from Kathmandu to reach Besisahar.

As we traverse the route, soak in the breathtaking scenery, and upon reaching Besisahar, marvel at the majestic snow-capped peaks of Lamjung Himal that adorn the landscape. For those seeking an extra adventure, we also have the option to extend our journey to Ngadi village on the same day, utilizing a local Jeep.

#### Day 04:: DRIVE TO CHAME | 2,670 meters /8,760 feet-lodge

After enjoying breakfast at the lodge in Besisahar, we begin our day with a scenic drive to Chame from Besisahar by jeep. Covering a distance of approximately 67 kilometers, this journey typically takes 6 to 7 hours, allowing ample time to take in the breathtaking views. As we navigate the winding roads, you'll be captivated by the picturesque landscapes unfolding before you, with river crossings and charming villages punctuating the route. While the journey promises awe-inspiring vistas, it's important to note that certain sections of the road may be a bit rugged. Along the way, we'll pass through enchanting locales such as Syange, Chamje, Jagat, and Tal, each offering its own unique charm. Rest assured, we'll provide you with a highly skilled local driver to ensure a safe and comfortable journey throughout.

# Day 06:: TREK TO MANANG | (3,540 meters/11,614 feet)

After a satisfying breakfast at the lodge in Upper Pisang, your seasoned Sherpa guide will lead you on an enchanting hike to **Manang Village**, nestled in Nepal's picturesque Manang District. Situated at approximately **3,519 meters** (**11,545 feet**) above sea level, Manang is renowned for its stunning Himalayan panoramas and rich cultural heritage. You'll enjoy a two-night stay in Manang, allowing for essential acclimatization and enhancing the overall experience of your trek.

The trek from Upper Pisang to Manang via Gyaru spans about 10-12 kilometers and takes around 7-8 hours. Along the way, you'll pass through Gyaru village, with its traditional Tibetan architecture and friendly locals offering captivating views.

At an elevation of 3,660 meters (12,008 feet), Ngawal village offers a serene atmosphere and a unique cultural experience amidst the Himalayan landscapes. The final stretch from Ngawal village to Manang typically takes 1-2 hours, allowing for a gentle transition while soaking in the surrounding beauty. Throughout the trek, you'll be captivated by the majestic Himalayas and the warmth of the local communities, making for an unforgettable journey.

#### Day 07:: MANANG | hike for high altitude acclimatization

Today, our expert Sherpa climbing guide will meticulously monitor your overall health and acclimatization to high altitude, a critical step before any further ascent. Acclimatization is of utmost importance, and with over 20 years of

experience, our guide will lead you on a day hike in Manang. You have two captivating options: either explore the Gangapurna glacier and surrounding peaks or hike to Praken Gompa. Feeling energetic? Both hikes are feasible. Spend the day with our amiable Sherpa guide, immersing yourself in incredible views and enjoying warm service with a smile.

#### Day 08:: TREK TO YAK KHARKA | 4,000 meters/13,123 feet

After a two-night stay in Manang, fully acclimatizing to the high altitude, the trek from Manang to Yak Kharka unfolds as a picturesque journey within the Annapurna Circuit. Beginning from the culturally rich village of Manang (at an altitude of about 3,540 meters or 11,614 feet), the trail gradually ascends alongside the Marsyangdi River, offering trekkers stunning views of the Annapurna and Gangapurna mountain ranges.

As you depart Manang, the landscape undergoes a transition, immersing you in a more alpine environment. Crossing the Jharsang Khola, the trail meanders through pastures and juniper woodlands. Yak Kharka, nestled at an altitude of approximately 4,050 meters (13,287 feet), serves as a temporary grazing area for yaks during the monsoon season. It provides a peaceful and scenic stopover before embarking on the ascent to higher altitudes. The journey from Manang to Yak Kharka typically spans around 3-4 hours, covering a distance of approximately 9 kilometers, contingent on individual pace and stops.

#### Day 09:: TREK TO CHULU WEST BASE CAMP 4,900 m/16,076 ft

After a hearty breakfast at Yak Kharka, we set off on our trek to Chulu West Base Camp. The journey spans roughly 5 hours of trekking through stunning landscapes. Along the way, we're treated to breathtaking views of the Annapurna Himalayas, inspiring awe with their majestic beauty.

Traversing challenging trails, we immerse ourselves in the raw wilderness of the Himalayas, greeted by panoramic vistas of snow-capped peaks and pristine valleys. Finally, we arrive at Chulu West Base Camp, situated at an altitude of 4,900 meters (16,076 feet) above sea level.

Here, amidst the rugged terrain and towering peaks, we're enveloped in the serene beauty of our surroundings. The base camp provides an ideal vantage point to admire the magnificent scenery of the Annapurna Himalayas, leaving an indelible mark on our memories.

As the day comes to an end, we settle into our tented camp at Chulu West Base Camp, surrounded by the tranquil ambiance of the mountains. Underneath the twinkling stars and towering peaks, we reflect on the day's journey and eagerly anticipate the adventures that await us. Tonight, we rest under the vast expanse of the Himalayan sky, ready to embrace the wonders of the days ahead.

## Day 10:: BASE CAMP | acclimatization & Climbing Training

Today, we will be enjoying an additional rest day at Chulu West Base Camp, allowing us ample time to acclimatize effectively. This crucial day of rest will significantly enhance our readiness before ascending to the high camp. As you are aware, proper acclimatization is paramount for any successful climb in Nepal. Our seasoned guide, boasting over 20 years of experience in climbing, will provide us with invaluable training and instructions at the base camp. This additional day spent at Chulu West Base Camp will ensure that we are well-prepared for the challenges ahead. We will be staying overnight at the base camp, further optimizing our acclimatization process.

# Day 11:: CHULU WEST HIGH CAMP | 5,300 meters/17,388 feet

Today, we continue our ascent towards the High Camp, nestled at an elevation of approximately **5,300 meters** (**17,388 feet**). Along the way, we are treated to breathtaking vistas of towering peaks that captivate the eye. Upon reaching the High Camp, our seasoned Sherpa climbing guide, equipped with expert knowledge and experience, will lead us through essential climbing practices and provide a thorough briefing on the necessary gear and equipment. After diligently setting up our High Camp, we will conclude our day's trek, covering a duration of

approximately 4 to 5 hours on foot. As night falls, we will rest at the High Camp, readying ourselves for the challenges and exhilaration that await us in the days ahead.

## Day 12:: SUMMIT CHULU WEST | 6,419 meter /21,055 feet

Today is our summit day, and we're up before dawn, prepared for a challenging but rewarding journey ahead. With every step along the icy high-altitude trail, we're captivated by the stunning vistas of the towering Himalayas. Despite the rugged terrain of rocks and frozen ice, we persevere, steadily making our way to the summit of **Chulu West Peak** at **6,419 meters/21,055 feet.** At the top, we're treated to breathtaking views of the Annapurna Massif, Lamjung Himal, Himlung Himal, Dhaulagiri Range, and more. After soaking in the majesty of the surroundings, we carefully descend back to the **Base camp**. Throughout the expedition, our expert Sherpa guide ensures our safety and enjoyment, providing support and guidance every step of the way. With their expertise and Sherpa spirit, we embark on a safe, enjoyable, and unforgettable adventure.

## Day 13:: TREK TO THORONG PHEDI | 4,450 meter/ 14,596feet

From Base Camp, our return path descends all the way to Leder. While descending, we enjoy the panoramic views of the Annapurnas and other peaks. From Letdar we will continue to climb along the east bank of the Jarang Khola to Thorung Phedi, a rock-strewn meadow surrounded by vertical cliffs at 4,450 meter. Blue sheep and even snow leopards can be sometimes seen in this valley. High in the skies above us we can see lammergeyers and Himalayan griffons circling around (3-4 hrs). We make our overnight stay at Throngphedi and celebrate the summiting of Chulu West Peak. (B, L, D)

#### Day 14:: TREK TO MUKTINATH | Cross Throng La Pass 5416 m

Today's trek begins before sunrise, around 4:00 AM, aiming to reach the pass by 9:00 or 10:00 AM at the latest to avoid weather-related challenges. The pass, Thorung La, stands at an altitude of 5,416 meters and offers breathtaking views of the Annapurna range, Gangapurna, and Khatung Kang. Despite the steep terrain, the trail is well-defined, used for centuries by locals herding sheep and yaks. Snow can block the pass unexpectedly, making timing crucial. Upon reaching the pass, marked by traditional prayer flags and a stone cairn, a teashop awaits, providing much-needed refreshment at this high altitude. The descent from the pass involves a drop of approximately 1,600 meters, offering stunning vistas of Dhaulagiri mountain in the distance. As the trail levels out, we traverse grassy fields and meadows before reaching our final destination, Muktinath. Muktinath, meaning "place of Nirvana," is home to the sacred Muktinath temple and several monasteries, revered by both Hindus and Buddhists. The temple, dedicated to Lord Vishnu, features 108 waterspouts and is believed to alleviate sorrows. Nearby, the JwalaMai Temple houses a perpetual flame fueled by natural gas. The entire journey spans 8 to 10 hours, offering spiritual enrichment amidst awe-inspiring natural beauty.

#### Day 15:: JOMSOM | Trekking or drive options from Muktinath

After enjoying breakfast, we'll embark on a scenic 20-minute flight to Pokhara, renowned for its breathtaking mountain vistas. Upon arrival, we'll be transferred to our hotel located by the picturesque lakeside, offering modern amenities. Following check-in, we'll refresh ourselves with a shower and unwind, allowing us to rejuvenate after our journey. In the afternoon, we'll leisurely stroll around Lakeside. As part of our hospitality, Mountain Sherpa Trekking will provide a special one-hour Ayurvedic massage to help alleviate muscle tension and promote relaxation after the long trek. Subsequently, we'll immerse ourselves in the charming atmosphere before treating ourselves to delectable cuisine at one of Pokhara's finest restaurants. Finally, we'll retire for the night in the comfort of our hotel, eagerly anticipating further exploration of this beautiful city tomorrow.

## Day 16:: POKHARA | Fly to lake city Pokhara from Jomsom

After enjoying breakfast, we'll embark on a scenic 20-minute flight to Pokhara, renowned for its breathtaking mountain vistas. Upon arrival, we'll be transferred to our hotel located by the picturesque lakeside, offering modern amenities. Following check-in, we'll refresh ourselves with a shower and unwind, allowing us to rejuvenate after

our journey. In the afternoon, we'll leisurely stroll around Lakeside. As part of our **hospitality**, Mountain Sherpa Trekking will provide a special one-hour **Ayurvedic massage** to help alleviate muscle tension and promote relaxation after the long trek. Subsequently, we'll immerse ourselves in the charming atmosphere before treating ourselves to delectable cuisine at one of Pokhara's finest restaurants. Finally, we'll retire for the night in the comfort of our hotel, eagerly anticipating further exploration of this beautiful city tomorrow.

## Day 17:: POKHARA | Rest, relax and explore Pokhara city

This day serves as a contingency for emergencies such as flight delays or unfavorable weather conditions on the summiting day of Chulu West Peak. If everything proceeds smoothly according to the itinerary, you'll have the opportunity to relax in Pokhara. We'll arrange for a half-day city tour of Pokhara, which will include visits to Devi's Fall, the Tibetan refugee camp, and the International Mountain Museum. You'll have the chance to explore and immerse yourself in the rich culture and history of the region. Afterward, you'll enjoy an overnight stay at a luxurious hotel in Pokhara, ensuring you have a comfortable and enjoyable experience during your time in the city.

## Day 18:: KATHAMNDU | Flight, Bhaktapur & Patan city tour

Today, following breakfast, our designated driver will escort you to Pokhara airport for your return flight to Kathmandu. After a scenic 25-minute journey, you'll touch down at Kathmandu airport, where our tour guide and driver will warmly greet you. From there, we'll embark on a drive to **Bhaktapur city**, renowned for its rich Newari culture, offering a captivating glimpse into Nepal's heritage. After exploring Bhaktapur, we'll proceed to **Patan Durbar Square**, another cultural gem adorned with historical architecture and intricate artwork. Following our exploration, we'll transfer you to a luxury hotel for your comfort and relaxation. In the evening, a farewell dinner will be hosted by Mountain Sherpa Trekking, providing an opportunity to express gratitude and share memories with our Sherpa team, culminating your Nepal adventure on a delightful note.

#### Day 19:: DEPARTURE | Transfer to airport by private car

After breakfast, our team will be ready with our vehicle to take you to the airport for your connecting flight home. It's truly been a pleasure serving you during your time with Mountain Sherpa Trekking and Expeditions. We value the connections we've made and appreciate you choosing us as your travel partner for exploring Nepal.

Your Chulu West Peak climbing adventure with our skilled Sherpa team promises to leave you with cherished memories. Until we meet again, goodbye, friends!

Please keep in mind that while we do our best to stick to the planned itinerary, local trail conditions or weather might require minor adjustments. Also, the trek and climbing schedule could vary based on how well our clients acclimatize. Safety is our top priority as we navigate rugged terrain, so we appreciate your flexibility and understanding.

# **Cost Includes**

# **Transports & Accommodations**

- Airport pick-up and drop-off services as per your flight time.
- Kathmandu to Besisahar will be by private car. From Besisahar to Chame, we'll arrange transportation via a local Jeep.
- Jomsom to Pokhara and Pokhara to Kathmandu, inclusive of airport drop-off and pickup services, we've got you covered.
- 5 comfortable nights in centrally located city hotels: 3 nights in Kathmandu and 2 nights in Pokhara including Free local guide services provided for exploring tourist and local markets.
- Authentic Himalayan charm experienced with 9 nights in local lodge accommodations during the trek & 3

nights of tented camp accommodations arranged for the climb.

#### Meals & Drinks Included As Per Below

- Delicious & Hygienic breakfasts daily in the Kathmandu & Pokhara hotel are included as per the itinerary.
- Three meals per day—breakfast, lunch, and dinner—will be provided throughout the entire trek, offering self-choice options for a delightful and nourishing trekking experience.
- Unlimited warm beverages, such as tea, hot lemon tea, hot chocolate, or coffee of your choice, will be provided every day to keep you cozy throughout your journey.
- We offer a warm welcome dinner with two options: you can either join dinner at our home with a Sherpa family, or you can choose to dine at a typical Nepali restaurant with a cultural dinner show.

# **Experience Sherpa Guide & Porters**

- Responsible, truthful, friendly, and flexible Sherpa climbing guides with 20+ years experience will be provided for the entire expedition, ensuring your safety and an enjoyable climbing experience.
- Hardworking and trustworthy porters will be provided (1 porter for 2 people) who will carry your luggage and take care of it throughout the entire trek.
- Porter Salary, Equipment, Food, and Clothing as well as insurance is included

# **Staff Pay, Insurance & Required Permits**

- Climbing Sherpa Salary, Equipment, Food, and Clothing as well as insurance for Climbing Sherpa guide and support staff
- Special Chulu West Peak climbing Permit issued by the Nepal Mountaineering Association (NMA) and Annapurna Conservation Permit fees.
- Tour guide and driver during city tour in Kathmandu, Bhaktapur and Patan including all entrance fees.
- Half day city tour in Pokhara including City tour guide, entrance fees and driver will be provided

# Complimentary Gear & Equipment

- Essential provisions provided include cooking gas, cooking pots for members, and high-altitude tents shared among climbers.
- Adequate food supplies for each member, Sherpa, and climbing crew, along with group climbing gear and necessary fixed and dynamic ropes during the climbing period.
- Communication facilitated with walkie-talkies from Base Camp to Mountain and vice versa. Additional equipment includes duffel bags, trek maps, and a group medical kit. Supplementary items such as warm sleeping bags, down jackets, and pulse oximeters are included

# Value Added Service (VAS) By MSTE

- One hour of free special Ayurvedic massage will be provided at the end of the trek.
- We provide a certificate obtained from the Nepal Mountaineering Association (NMA) after climbing Chulu West Peak, which serves as a significant recognition of your achievement.
- We assist our valued clients in purchasing and renting all the necessary climbing gear in Kathmandu or arrange for rentals at Khare.