Annapurna Base Camp Trek- 11 Days (All-inclusive)

3 Star Hotel Package

1499^{USD} per person

*Including healthy meals

Trip Style: Trekking & Hiking

5 Star Hotel Package

 $1690^{\scriptscriptstyle \mathrm{USD}}$ per

*Including healthy meals

Trip Difficulty: Moderate

×

Join our all-inclusive Annapurna Base Camp Trek in 2025 or 2026 with a trusted Sherpa company for exceptional service.

The Annapurna Base Camp itself sits at an altitude of 4,130 meters (13,550 feet) and offers a stunning 360-degree amphitheater of snow-capped peaks—truly one of the most dramatic mountain settings in Nepal.

The Annapurna Base Camp Trek is one of Nepal's most beloved trekking experiences. This journey takes you deep into the heart of the Annapurna Sanctuary, surrounded by some of the highest and most breathtaking peaks in the world. It's the perfect blend of natural beauty, cultural richness, and accessible adventure—ideal for moderately fit trekkers looking for a once-in-a-lifetime Himalayan experience. Along the trail, you'll be treated to incredible panoramic views of legendary mountains like Annapurna I (8,091m / 26,545ft)—the 10th highest mountain in the world—alongside Machapuchare (Fishtail), Hiunchuli, and the mighty Dhaulagiri range. The route takes you through an ever-changing landscape: from subtropical forests filled with rhododendrons and bamboo, to terraced farmlands, and finally to high alpine terrain and glacier-filled valleys. The spring (March to May) and autumn (September to November) seasons are the best times to do this trek. During spring, the forests come alive with blooming rhododendrons, while autumn offers crisp weather and crystal-clear mountain views. For those looking to avoid crowds and still enjoy excellent visibility, November is considered the sweet spot—cooler temperatures, fewer trekkers, and some of the clearest skies of the year.

Why Is Our All-Inclusive Annapurna Base Camp Trek the Smartest Choice?

01.All-Inclusive - No Hidden Costs:

• We believe in transparency, so there are no surprises. Our all-inclusive price covers everything—luxury hotels in Kathmandu and Pokhara, the best available lodges, all meals, safe drinking water, and even hot showers during the trek. It's all taken care of, so you can focus on enjoying your adventure.

02.Top-Quality Accommodations:

• Enjoy the comfort of 4 or 5-star hotels in the cities and the best local lodge accommodations during your trek. We ensure that you stay in rooms with attached bathrooms at Ghandruk, Chhomrong, and Jhinu Danda, providing comfort and privacy at key stops along the way.

03.No Bus Travel – Fly in Style:

• Forget long, uncomfortable bus rides. Our package includes round-trip flights between Kathmandu and Pokhara, saving you time and offering you breathtaking views of the Himalayas from your plane window—an experience you won't forget!

04.Private, Comfortable Transportation:

• For the ultimate convenience, we provide private cars for airport pickups and drops, ensuring you receive the best service from start to finish.

05.Private Jeep Transfers – No Sharing:

• To ensure your comfort, we provide private jeep transportation to and from the trek's starting and ending points. No crowded buses, just smooth, private transport for a hassle-free experience.

06.Food Tailored to Your Taste:

• We offer flexibility when it comes to meals. Unlike other companies, there are no restrictions—you choose your meals directly from the lodge menu, ensuring you get exactly what you want, every time.

07. Experienced, Friendly Sherpa Guides:

• With 27+ years of experience as a family-owned Sherpa company, we pride ourselves on providing the best, most reliable Sherpa guides. Our guides are not only highly trained, but also honest, dedicated, and passionate about making sure you have the best trekking experience possible.

DURATION: 11 days

ITINERARY

Day 01:: Arrival in Kathmandu [1,400 m/4,600 ft] and transfer to hotel-Overnight stay at Hotel

If the weather is clear when you fly into Kathmandu, your adventure will start even before you land. You'll get stunning views of the snow-covered Himalayan peaks from the plane, giving you a thrilling preview of what's to come. When you arrive at Tribhuvan International Airport, a representative from **Mountain Sherpa Trekking**, along with your driver, will greet you and take you to your hotel. After checking in and getting some rest, you'll receive an overview of the activities planned for your trip.

You'll have the rest of the day free to explore the area or relax. In the evening, you'll meet your senior trek guide, who will explain everything you need to know about your upcoming trek. You'll spend your first night in Kathmandu, a city known for its temples and history. Breakfast will be provided the next morning.

Day 02:: Fly to Pokhara, drive to Kimche, and trek to Ghandruk (2,012 meters / 6,601 feet) – Lodge stay

After enjoying a delicious breakfast at your luxury hotel, you'll transfer to Kathmandu Airport for a scenic flight to **Pokhara**, offering some of the **best views of the Himalaya**s. Upon landing at Pokhara Airport, you'll drive to Kimche, where your trek begins. The drive from Pokhara to Kimche covers approximately 33 kilometers and takes around 2–3 hours. Unlike starting from Naya Pul, beginning at **Kimche** allows us to skip the less enjoyable road section and dive straight into the beautiful trekking experience.

Upon reaching Kimche, we'll pause for a short tea break before starting a pleasant two-hour trek to Ghandurk. As you arrive in this charming village, perched at **2,012 meters** (**6,601 feet**), you'll be greeted by breathtaking views of **Annapurna South, Hiunchuli, Machhapuchhre** (**Fishtail**), and **Gangapurna.** The village's traditional stone houses with slate roofs, set along neatly paved streets, add to its timeless charm.

In Ghandruk, we'll enjoy a hearty lunch before exploring the village, including a visit to the fascinating Gurung Museum. Your stay here will be in one of the finest comfort lodges, complete with hot showers, attached bathrooms, Western-style toilets, and cozy, clean beds—ensuring you rest well in this stunning Himalayan setting.

Day 03:: Trek to Chomrong 2170 meters/7,120 feet:Approx 5/6 hrs-Overnight stay at Lodge

After a hearty breakfast in **Ghandruk**, we set off on the next leg of our adventure toward Chomrong, another gem in the Annapurna region. The distance may only be about 10 kilometers (6.2 miles), but don't let the numbers fool you—this stretch of the trek brings both challenge and beauty. Expect a combination of uphill climbs and downhill descents, as the terrain can be steep at times. But every effort is rewarded with sweeping views of the Annapurna peaks and the surrounding terraced fields.

The trek typically takes 4 to 6 hours, depending on your pace and fitness level. As you journey through forests and across picturesque ridges, you'll pass through charming local villages, taking in the peaceful ambiance and mountain vistas.

Chomrong awaits at an elevation of 2,170 meters (7,120 feet), nestled against the backdrop of Annapurna South and Hiunchuli. This village is a key stop for trekkers heading to Annapurna Base Camp and offers a mix of traditional charm and modern conveniences. Your accommodations for the night will be in one of the best comfort lodges available, with cozy rooms, hot showers, and attached bathrooms—ensuring a comfortable and restful night after a day of trekking through such incredible landscapes.

Day 04:: Trek to Bamboo (2,510 m/8,235ft):Approx 5/6 hrs-Overnight stay at Lodge

After a satisfying breakfast, we begin our trek from Chomrong to Bamboo, covering about 7 kilometers (4.3 miles). The hike takes 4 to 5 hours, depending on your pace and breaks. The trail features some steep parts, but our **experienced Sherpa guide** will make sure you're safe and comfortable throughout the journey.

At **Mountain Sherpa Trekking**, we've successfully guided trekkers from as young as 7 to as old as 77 on this route. With our expert support, you'll confidently tackle the trail and enjoy stunning views of the Annapurna range. This trek isn't just a walk; it's a memorable adventure filled with beautiful scenery.

Day 05:: Trek to Deurali (3,230 m/10,597 ft): Approx.4 hrs-Overnight stay at Lodge

Today's trek takes us from Bamboo to Deurali, one of the most captivating sections of the Annapurna Base Camp Trek. Spanning roughly 6 kilometers, this 3 to 4-hour hike promises an invigorating climb as we ascend from Bamboo's 2,335 meters to Deurali's 3,230 meters—an altitude gain of about 895 meters.

On the trek from Bamboo to Deurali, you'll enjoy amazing views. The trail climbs through beautiful forests, where you'll see colorful plants and some waterfalls. As you go higher, the trees start to thin out, revealing fantastic views of the Annapurna mountains.

From Bamboo, the trail gradually reveals distant snow-capped peaks and dramatic mountain vistas. As you approach Deurali, the views become even more breathtaking, with closer views of the towering **Annapurna and Machapuchare** (**Fishtail**) **peaks.** The crisp mountain air and the surrounding landscape create a picturesque setting that makes the trek from Bamboo to Deurali a visual highlight of the Annapurna Base Camp journey. Deurali itself provides a range of accommodation options with basic amenities like hot showers and comfy beds. We'll ensure you're settled in the best available lodge for a pleasant stay.

Day 06:: Trek to Annapurna Base Camp (4,130 m/13,549 ft) - Approx 4/5 hrs-Overnight stay at Lodge

The trek from Deurali to Annapurna Base Camp takes you through a stunning high-altitude journey. As you leave Deurali, the trail continues through the breathtaking alpine landscape, gradually revealing grand vistas of the Annapurna range.

The path initially winds through a rugged terrain with sparse vegetation and occasional rocky outcrops. As you climb higher, you'll cross the Machapuchare Base Camp (MBC) before reaching Annapurna Base Camp. The ascent offers increasingly spectacular views of the Annapurna Massif, including Annapurna South, Annapurna I,

and the iconic Machapuchare (Fishtail Peak).

The final stretch to Base Camp is marked by its dramatic, panoramic views. You'll be surrounded by towering peaks and a vast, open glacial basin, creating a truly awe-inspiring atmosphere. The trek is moderately challenging due to the altitude, but the scenery is incredibly rewarding, providing an unforgettable experience of the Himalayan landscape.

Day 07:: Trek down to Dovan (2,340M/7,677 ft) - Approx. 4-5 hrs-Overnight stay at Lodge

The trek from Bamboo to Jhinu Danda is a delightful journey through diverse landscapes. Starting from Bamboo, you'll follow the Modi Khola river, meandering through lush rhododendron and bamboo forests. After a few hours, you'll reach the charming village of Bamboo, perfect for a refreshing tea break.

From there, the path ascends through dense bamboo forests and crosses a few streams before arriving at Sinuwa, located at 2,340 meters (7,677 feet). After Sinuwa, the trail descends to the Chomrong Khola river, where you'll cross a suspension bridge. The journey then involves a steep climb up to Chomrong, a picturesque Gurung village at 2,170 meters (7,119 feet), offering breathtaking views of the Annapurna range.

Beyond Chomrong, the trail continues down through forests and terraced fields to Jhinu Danda, at 1,760 meters (5,774 feet). Jhinu Danda is renowned for its natural hot springs, providing a perfect spot for trekkers to unwind and soak in the warm waters. The trek showcases a stunning mix of bamboo groves, rhododendron forests, and terraced landscapes, all framed by the magnificent peaks of Machhapuchhre (Fishtail) and Annapurna South.

Day 08:: Trek to Jhinu Danda [1,760 m/5,774 feet] - Approx 5 hrs- Overnight stay at Lodge

The trek from Bamboo to Jhinu Danda is a delightful journey through diverse landscapes. Starting from Bamboo, you'll follow the Modi Khola river, meandering through lush rhododendron and bamboo forests. After a few hours, you'll reach the charming village of Bamboo, perfect for a refreshing tea break.

From there, the path ascends through dense bamboo forests and crosses a few streams before arriving at Sinuwa, located at 2,340 meters (7,677 feet). After Sinuwa, the trail descends to the Chomrong Khola river, where you'll cross a suspension bridge. The journey then involves a steep climb up to Chomrong, a picturesque Gurung village at 2,170 meters (7,119 feet), offering breathtaking views of the Annapurna range.

Beyond **Chomrong**, the trail continues down through forests and terraced fields to **Jhinu Danda**, at 1,760 meters (5,774 feet). Jhinu Danda is renowned for its natural hot springs, providing a perfect spot for trekkers to unwind and soak in the warm waters. The trek showcases a stunning mix of bamboo groves, rhododendron forests, and terraced landscapes, all framed by the magnificent peaks of Machhapuchhre (Fishtail) and Annapurna South.

Day 09:: Drive to Pokhara and enjoy a Half-day city tour - Overnight stay at hotel

The drive from Jhinu Danda to Pokhara takes about 2 to 3 hours, depending on road conditions and traffic. The route features narrow, winding roads with some unpaved sections, so it's important to travel with an experienced driver and a 4WD vehicle to ensure a safe and comfortable journey.

At **Mountain Sherpa Trekking**, we make sure you're in good hands. You'll travel in a **well-maintained private jeep with a skilled driver**, which not only enhances your safety but also makes for a much smoother ride. Along the way, enjoy scenic views of the Annapurna range, lush forests, and charming hillside villages—it's a beautiful way to wrap up your trek.

Once you check in to your hotel in Pokhara and freshen up, you'll enjoy lunch before heading out for a relaxed city tour. Highlights include **Devi's Fall**, the **Tibetan Refugee Camp**, and the **International Mountain Museum**. You'll also experience an hour of peaceful boating on Phewa Lake — a truly relaxing experience surrounded by serene mountain views.

In the evening, you're free to explore the vibrant Lakeside area at your own pace. With so many excellent restaurants to choose from, you can enjoy dinner wherever suits your taste—whether it's local Nepali cuisine or something more international.

Day 10:: Fly from Pokhara to Kathmandu & enjoy a full-day city tour - Hotel stay

After a delightful buffet breakfast at our luxury hotel, you'll be transferred to Pokhara's domestic airport, just a short 20-minute drive away. From there, you'll embark on a picturesque 25-minute flight to Kathmandu, where you'll be treated to breathtaking aerial views of the Himalayas and lush valleys.

Upon arriving in Kathmandu, enjoy a full-day guided tour of the city's most iconic and culturally rich sites. Your day begins with a visit to **Pashupatinath Temple**, one of the holiest Hindu temples in the world and a UNESCO World Heritage Site, located along the sacred Bagmati River. Witness the centuries-old rituals and vibrant spiritual atmosphere that make this temple truly unforgettable.

Next, you'll head to **Boudhanath Stupa**, one of the largest and most important Buddhist stupas in the world. Revered by Tibetan Buddhists and Sherpa communities alike, this majestic monument is a center of peace and devotion. Here, you'll stop for lunch at a renowned **rooftop restaurant**, offering stunning panoramic views of the stupa and the surrounding monasteries—a perfect moment to relax and reflect.

After lunch, the tour continues to **Swayambhunath,** also known as the **Monkey Temple**, perched on a hilltop overlooking the Kathmandu Valley. This ancient Buddhist site offers breathtaking views of the city and is famous for its serene ambiance and playful monkeys.

Finally, you'll explore the historic **Kathmandu Durbar Square**, a vibrant hub of traditional architecture, ancient temples, and bustling local markets. Walk through the courtyards where Nepalese kings were once crowned and soak in the deep history and charm of the old city.

As your tour concludes, you'll return to **Thamel,** the heart of Kathmandu's tourist district. Enjoy your evening strolling the lively streets, shopping for souvenirs, or indulging in a delicious dinner at one of the city's top restaurants. Afterward, retreat to your luxury hotel, relax, and relive the incredible memories of your Annapurna Base Camp trek.

Day 11: : Transfer to the airport for your departure from Kathmandu

After a delicious breakfast, our team will be ready at your hotel to whisk you away to the airport for your flight home. It's been a true delight having you with us, and we at Mountain Sherpa Trekking cherish the connection we've made during your journey.

Thank you for choosing us as your travel companion and for exploring the breathtaking wonders of Nepal. We hope the Annapurna Base Camp trek and your cultural adventures have left you with memories to treasure forever.

Farewell, adventurers! Until our paths cross again, we wish you safe travels and countless more thrilling experiences.

Cost Includes

Transportation & Hotels As Detailed Below:

- Private Transport: Private car with guide for both pickup and drop-off and Comfortable private jeep from Pokhara to the trek starting point and from the trek ending point back to Pokhara.
- Kathmandu Stay: 2 nights in a premium 4- or 5-star hotel with daily breakfast (based on selected package).

- Flights: Round-trip Kathmandu–Pokhara–Kathmandu flights with airport transfers.
- Trek Accommodation: 7 nights in the best available mountain lodges, including 3 nights with attached bathrooms in Ghandruk, Chhomrong, and Jhinu Danda. Hot showers is included every day throughout the trek
- Pokhara Stay: 1 night in a premium 4- or 5-star hotel with daily breakfast (based on selected package)

Meals & Drinks Included As Follows:

- Three hygienic breakfasts in the city in Kathmandu & Pokhara are included as per the itinerary.
- Three meals per day—breakfast, lunch, and dinner—will be provided throughout the entire trek, there are no restrictions—you choose your meals directly from the lodge menu, ensuring you get exactly what you want, every time.
- 5–6 cups of warm beverages, such as tea or hot lemon, will be provided daily to keep you cozy throughout your journey.
- A warm welcome dinner at a traditional Nepali restaurant with a cultural show.
- Safe drinking water (3–4 liters per day) and fresh fruit will be provided daily for your health and well-being.

Staff Wages, Insurance & All Permits Included

- Pay and insurance for guide and support staff
- Annapurna Conservation entry permit fee and TIMS Card fees are included
- A full-day Kathmandu and half-day Pokhara city tour with a private guide and driver—an immersive experience to explore Nepal's rich heritage and vibrant local life, all included in your package.
- Entrance fees to historic sites, temples, and monuments during the city tour are included.

Experienced Sherpa Guides & Porters Included

- Responsible, truthful, friendly, and flexible Sherpa guides will be provided for the entire trek, ensuring your safety and an enjoyable trekking experience.
- Hardworking and trustworthy porters will be provided (1 porter for 2 people) who will carry your luggage and take care of it throughout the entire trek.

Complimentary Gear & Equipment

- Complimentary T-shirt, Water bottle, and Walking pole.
- Warm sleeping bags and down jackets will be provided if required.
- A waterproof duffel bag, trek map, and a group medical kit will be provided.
- Pulse oximeter for measuring oxygen saturation and heart rates.

Value-Added Services (VAS) By MSTE

- One hour of free special Ayurvedic massage will be provided at the end of the trek.
- We offer free storage service for any extra luggage and provide assistance in obtaining a SIM card, as well as renting or buying necessary gears.
- We offer a complimentary Local Market Guiding Service for our valued clients interested in purchasing souvenirs at both wholesale and local prices.

WHAT'S NOT INCLUDED

- International Airfare and Nepal Visa fee
- Travel insurance for emergency rescue and trip Cancellation
- Lunch & Dinner in City (approximately \$5-10 Per Meal)
- Any Alcoholic Drinks and deserts in Trek
- Gratitude for Guide & Porter after end of trek

Extra Bills

- Phone, internet & Battery Charges bills on trek
- Unforeseen Cost such as Flight Delayed/cancellation

FAQS

How Fit Do I Need to Be to Do the Annapurna Base Camp Trek

The Annapurna Base Camp trek is suitable for those who are reasonably fit and in good health. It is less strenuous compared to other treks in Nepal, so no prior trekking experience is needed. However, we recommend engaging in physical fitness activities like running, swimming, and hiking to prepare for the trek.

Due to the uphill and downhill sections of the trail, this trek may not be ideal for individuals with knee issues or weak ankles. Those with heart conditions or respiratory problems should consult their doctor before undertaking the journey.

What sort of accommodation can I expect in Kathmandu, Pokhara and in trekking

In **Kathmandu** and **Pokhara**, you'll enjoy deluxe rooms at top-notch hotels, complete with breakfast to start your day right. On the trek, we ensure you stay in the best available lodges, with special touches like attached bathrooms in **Ghandruk**, **Chomrong**, **and Jhinu Danda**, and hot showers throughout your journey.

For added comfort, we can provide sleeping bags if needed (to be returned after the trip), but we recommend bringing your own sleeping gear. The lodges typically offer single and double rooms, and occasionally dormitory-style accommodations. When possible, you'll savor meals around a crackling bonfire, enhancing the experience. The lodge kitchens are off-limits to guests, and toilets are basic but conveniently located outside the rooms. Get ready for a trekking adventure with cozy accommodations and memorable moments!

What sort of food can I expect in trekking

On the Annapurna Base Camp trek, most teahouses (lodges) offer a delicious variety of mainly vegetarian dishes. The menu typically includes options such as pasta, tuna bakes, noodles, potatoes, eggs, daal bhat (rice and lentils), bread, soup, and fresh vegetables (seasonal availability varies). You may also enjoy desserts like apple pie, pancakes, and inventive attempts at custard. Garlic is a common ingredient because it helps with acclimatization, so try to include it in your meals daily.

In larger villages, you might find meat options on the menu. You'll have access to hot chocolate, tea, hot lemon drinks, soft drinks, and snacks like chocolate and crisps. Meals are organized as follows: breakfast and dinner will be served at the lodge where you stay, while lunch will be enjoyed along the trail as you head towards your next destination.

Do your guides have trekking guide license and first aid training for high altitude

Absolutely! Each of our guides has completed an extensive 45-day training program at the Hotel Management and Tourism Center in Nepal. Additionally, they have undergone specialized high-altitude first aid training from KEEP (Kathmandu Environmental Education Project). For further assurance, please review our Trekking Guides' profiles and training certificates. Your safety and expertise are our top priorities.

What opportunities will I have for shower along the trek

In key locations, we arrange for guesthouses equipped with hot showers to ensure your comfort. In other areas, where hot showers may not be available, we provide water in a bucket for a refreshing wash. We strive to make your trekking experience as pleasant and convenient as possible.

Is Mountain Sherpa trekking staff insured

Our company insures all our trekking staff members, including guides, cooks, Sherpas, and porters. Please browse through Company Information pages to view insurance details.

What is the maximum weight for my trek bag

To ensure a smooth trekking experience, please keep your trek bag weight to a maximum of 15 kg. Each porter can carry up to 30 kg, which means they can handle the trek bags of 2 clients, with each bag weighing 15 kg. This arrangement helps us maintain efficiency and ensures the well-being of both our porters and trekkers. Thank you for your understanding and cooperation!

Where can I leave my extra things and valuables while I am on the trek

The hotels we use in Kathmandu and Pokhara provide securely locked rooms to safely store your extra belongings. You can confidently leave your additional items at the hotel, knowing they will be kept safe. Alternatively, you are welcome to store your belongings at our office for added convenience. Your peace of mind is our priority.

Do you use porters on the trek or do we carry all of our own gear? Do you provide us duffle Bags

On your trek, our porter will handle your main luggage, allowing you to focus on the adventure. All you need to bring is a small daypack for essentials like your camera, water bottle, and sun cream. For added convenience, we'll provide you with duffle bags to securely transport your belongings. Enjoy the trek with ease, knowing your gear is in good hands!

Are solo female travelers safe on Annapurna Base camp trek

Yes, solo female travelers are fully safe with us. We prioritize the safety and well-being of all our guests, regardless of gender. Nepal is known for its safety and hospitality, and we work with trusted lodges to ensure a secure stay. Our experienced **Sherpa guides** monitor all trekkers closely, and we operate in small groups for easy communication. Your trek with us will be both secure and enjoyable.

How I can book this trek? What about Payment

To secure your booking, a **25% advance deposit** of the total trip package is required. This deposit guarantees 100% confirmation of your reservations for hotels, domestic flights, and other trip arrangements. You can make the payment online or via bank wire transfer.

After receiving your deposit, we'll promptly send you an invoice and a booking confirmation email. The remaining balance is due upon your arrival in Kathmandu. Please note that the deposit is non-refundable, but you can postpone your travel date if needed. Your deposit remains valid for up to 3 years, giving you flexibility to choose any travel date within that period.

What is your success rate for reaching the Annapurna base Camp

We take pride in our flawless **100% success rate** for the Annapurna Base Camp trek, thanks to our team of highly skilled local **Sherpa guides** and staff. As a 100% local **Sherpa company**, every member of our team is a Sherpa, known for their exceptional mountaineering skills and profound local knowledge. Sherpas have long been esteemed as elite guides, essential to early Himalayan explorers, particularly those tackling the extreme altitudes of Everest. Their expertise ensures an unparalleled trekking experience, rooted in deep regional insight and unmatched mountaineering proficiency.

What happens if I get sick

Our skilled local **Sherpa guides** and porters are trained in mountain first aid and altitude sickness management. While severe altitude issues are **rare**, the solution is always to descend. In case of illness or injury, we quickly arrange for **evacuation via helicopter to Pokhara** if needed. We maintain ample staff to ensure that if a client needs to be cared for, the rest of the group can continue their trek. With cell phone coverage throughout the Annapurna Base Camp trek, we have reliable 3G connectivity for emergencies. Your guide will use your travel insurance details to organize immediate rescue if necessary, ensuring you receive prompt medical attention in Pokhara or Kathmandu.

Will My Travel Insurance Cover Me for the Annapurna Base Camp Trek

Insurance is essential for the Annapurna Base Camp trek. We highly recommend securing a policy that includes coverage for helicopter evacuation in emergencies, as well as trip cancellation and flight delay coverage for a worry-free journey.

Our commitment is to support you in any emergency situation, ensuring you have the necessary coverage and assistance throughout your trek. Please make sure your insurance meets these requirements for a smooth and secure trekking experience.

What would be normal group size & How many porters and trekking staff are in the group

At **Mountain Sherpa Trekking & Expeditions**, we ensure our porters are well-supported with a 1:2 porter-to-trekker ratio and provide one expert Sherpa guide for every two trekkers. For groups of five or more, an additional guide is included to handle any health issues that may arise. We are also proud to be among the highest salary-paying companies for guides and porters in Nepal.

We generally find that groups of eight to twelve offer the best experience, but we can accommodate any size, including solo or private family treks. Let us customize your Annapurna Base Camp adventure to perfectly match your needs.

Do the tea houses/lodges have electricity? Can I charge my iPod or camera

On the Annapurna Base Camp trek, most lodges and teahouses have electricity, so you can charge your devices such as iPods or camera batteries. Please be aware that there is typically a small charging fee, ranging from \$1 to \$2 per hour, although some places may offer charging at no cost.

If I have more questions, how should I contact Mountain Sherpa Trekking

If you have any more questions, please feel free to reach out to us. You can contact us via email, phone, or WhatsApp—just click the "Message Us" button in the lower-left corner of our website. Alternatively, you can email us directly at info@mountainsherpatrekking.com. We guarantee a response within 24 hours. We're here to assist you every step of the way!

Why book Annapurna Base Camp trek with Mountain Sherpa Trekking & Expedition

Here are the top 7 reasons to book your Annapurna Base Camp trek with Mountain Sherpa Trekking:

- Over 26 Years of Expertise: Leverage our extensive experience for a seamless adventure.
- Dependable Local Sherpa Guides: Enjoy authentic insights and safety from our reliable guides.
- Family-Owned Excellence: Benefit from personalized service with our trusted Sherpa family-run company.
- Flexible Itineraries & All-Inclusive Packages: Customize your trek with our flexible plans and comprehensive packages.
- Clean Accommodations & Hygienic Meals: Stay comfortably and eat healthily with our focus on cleanliness.
- Best Service & Price Guarantee: Experience top-notch service at competitive prices.
- Giving Back to Society: Support our commitment to positively impacting local communities.

Choose us for a trek that combines expertise, comfort, and a meaningful impact.